

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Happy Birthday to the Following Residents!</b> <ul style="list-style-type: none"> <li>Nancy O. February 6th</li> <li>Marie W. February 12th</li> <li>Claris G. February 13th</li> <li>Rod R. February 17th</li> <li>Gary O. February 27th</li> <li>Gloria M. February 27th</li> </ul>					<p>10:00  Stretch &amp; Breathe Exercise </p> <p>11:00  Listen To Music or Read In The Library </p> <p>1:30  Dime BINGO</p> <p>2:30  Manicure &amp; Music</p> <p>3:00  Mexican Train </p>
<p>2</p> <p>10:00  Chair Yoga </p> <p>10:30  Fellowship with Cindy </p> <p>11:00  Valley Baptist Church LIVE STREAM </p> <p>1:30  Movie &amp; Popcorn: Residents' Choice </p> <p>3:00  Table Games </p>	<p>3</p> <p>9:00  Morning News &amp; Coffee </p> <p>10:00  Arm Exercise </p> <p>11:00  Shopping Outing: Hobby Lobby</p> <p>2:00  Dime Bingo</p> <p>3:00  Manicures &amp; Music</p>	<p>4</p> <p>9:00  Coffee Social &amp; Joke of the Day </p> <p>10:00  Bible Study </p> <p>1:00  Craft: Valentine Door Hanger (Sign up Required)</p> <p>1:30  Catholic Communion </p> <p>2:30  Fun With Words Trivia</p> <p>3:00  Noodle Exercise </p>	<p>5</p> <p>9:00  Morning Sit &amp; Chat </p> <p>10:00  Silver Sneakers Fitness</p> <p>10:30  Dime Bingo</p> <p>1:30  Boogie with Bakersfield Community Healthcare </p> <p>2:30  Sip &amp; Paint: Hearts </p> <p>3:30  Rummikub Club</p>	<p>6</p> <p><b>Monthly Book Club</b></p> <p>8:00  Veteran Breakfast Outing (Sign-Up Required)</p> <p>9:00  Mugs &amp; Muffins </p> <p>10:00  Chair Yoga &amp; Meditation </p> <p>10:30  Rummikub Club</p> <p>1:30  Movie/ Popcorn: Shirley </p> <p>2:00  Book Club (Bring Your Own Book) </p> <p>3:00  Cocktail/Mocktail of the Month </p>	<p>7</p> <p>9:00  Morning Hello and Coffee </p> <p>10:00  Has Fit Exercise </p> <p>1:00  Dime Bingo</p> <p>2:30  Movie/ Popcorn: The Age of Adaline</p> <p>3:30  Brain Teaser Worksheets &amp; Music</p>	<p>8</p> <p><b>Pet Therapy 10:30am - 11:30am (In Memory Care)</b></p> <p>10:00  Stretch &amp; Breathe Exercise </p> <p>10:30  Bingo with Miss Kern County Organization </p> <p>11:00  Listen To Music or Read In The Library </p> <p>1:30  Dime BINGO</p> <p>2:30  Manicure &amp; Music</p> <p>3:00  Mexican Train </p>
<p>9</p> <p><b>Super Bowl Sunday</b></p> <p>10:00  Chair Yoga </p> <p>10:30  Fellowship with Cindy </p> <p>11:00  Valley Baptist Church LIVE STREAM </p> <p>1:00  Football Fun Facts and Games</p> <p>1:30  Movie &amp; Popcorn: Residents' Choice </p> <p>3:00  Table Games </p> <p>3:30  Super Sunday Celebration</p>	<p>10</p> <p>9:00  Morning News &amp; Coffee </p> <p>10:00  Arm Exercise </p> <p>11:00  Lunch Outing: Rosemary's</p> <p>2:00  Dime Bingo</p> <p>3:00  Manicures &amp; Music</p>	<p>11</p> <p><b>Piano Harmony Sing-Along</b></p> <p>9:00  Coffee Social &amp; Joke of the Day </p> <p>10:00  Bible Study </p> <p>1:00  Activity Planning "Meeting For March"</p> <p>1:30  Catholic Communion </p> <p>2:00  Sing Along with Hoffmann </p> <p>2:30  Rummikub Club</p> <p>3:00  Noodle Exercise </p>	<p>12</p> <p>9:00  Morning Sit &amp; Chat </p> <p>10:00  Silver Sneakers Fitness</p> <p>10:30  Dime Bingo</p> <p>1:30  Balloon Volleyball </p> <p>2:30  Fun With Words Trivia</p> <p>3:30  Mexican Train Club</p>	<p>13</p> <p>9:00  Mugs &amp; Muffins </p> <p>10:00  Chair Yoga &amp; Meditation </p> <p>10:30  Tasty Creation: Strawberry Banana Cheesecake Salad</p> <p>1:30  Movie/ Popcorn: The Six Triple Eight </p> <p>2:30  Manicure &amp; Reminiscing</p> <p>3:30  Mexican Train Club</p>	<p>14</p> <p><b>Valentine's Day</b></p> <p>9:00  Morning Hello and Coffee </p> <p>10:00  Has Fit Exercise </p> <p>10:30  Dime Bingo</p> <p>1:00  Famous Couples</p> <p>2:30  Valentine's Day Celebration </p> <p>3:00  Crowning King &amp; Queen </p> <p>3:30  Pick up Hearts Challenge</p>	<p>15</p> <p><b>Piano Performances</b></p> <p>10:00  Stretch &amp; Breathe Exercise </p> <p>11:00  Listen To Music or Read In The Library </p> <p>1:30  Stockdale Christian Piano Students </p> <p>2:30  Dime BINGO</p> <p>3:00  Mexican Train </p>
<p>16</p> <p>10:00  Chair Yoga </p> <p>10:30  Fellowship with Cindy </p> <p>11:00  Valley Baptist Church LIVE STREAM </p> <p>1:30  Movie &amp; Popcorn: Residents' Choice </p> <p>3:00  Table Games </p>	<p>17</p> <p><b>Presidents Day</b></p> <p>9:00  Morning News &amp; Coffee </p> <p>10:00  Arm Exercise </p> <p>11:00  Outing: Park Picnic Lunch</p> <p>2:00  Dime Bingo</p> <p>3:00  Presidential History Documentary</p>	<p>18</p> <p><b>Lunar New Year</b></p> <p>9:00  Coffee Social &amp; Joke of the Day </p> <p>10:00  Bible Study </p> <p>1:00  Chinese New Year Parade</p> <p>1:30  Catholic Communion </p> <p>2:00  Lunar New Year Social</p> <p>2:30  Chopstick Challenge</p> <p>3:00  Noodle Exercise </p>	<p>19</p> <p>9:00  Morning Sit &amp; Chat </p> <p>10:00  Silver Sneakers Fitness</p> <p>10:30  Dime Bingo</p> <p>1:30  Boogie with Bakersfield Community Healthcare </p> <p>2:00  Balloon Volleyball</p> <p>3:30  Higher Lower Game + UNO</p>	<p>20</p> <p>9:00  Mugs &amp; Muffins </p> <p>10:00  Chair Yoga &amp; Meditation </p> <p>10:30  Craft: Flower Pens</p> <p>1:30  Movie/ Popcorn: Men Of Honor </p> <p>2:30  Volunteer Work: Making Dog Treats</p> <p>3:30  Adult Coloring Group w/Dawn</p>	<p>21</p> <p><b>Sports and Fitness Day</b></p> <p>9:00  Morning Hello and Coffee </p> <p>10:00  Has Fit Exercise </p> <p>10:30  Dime Bingo</p> <p>1:30  Sports Game Stations</p> <p>2:30  Fun Fact Sports Trivia &amp; Popcorn</p> <p>3:00  Fitness: Stretching &amp; Meditation</p> <p>3:30  Brain Teaser Worksheets &amp; Music</p>	<p>22</p> <p><b>Pet Therapy 10:30am - 11:30am (In Memory Care)</b></p> <p>10:00  Stretch &amp; Breathe Exercise </p> <p>11:00  Listen To Music or Read In The Library </p> <p>1:30  Dime BINGO</p> <p>2:30  Manicure &amp; Music</p> <p>3:00  Mexican Train </p>
<p>23</p> <p>10:00  Chair Yoga </p> <p>10:30  Fellowship with Cindy </p> <p>11:00  Valley Baptist Church LIVE STREAM </p> <p>1:30  Movie &amp; Popcorn: Residents' Choice </p> <p>3:00  Table Games </p>	<p>24</p> <p><b>National Tortilla Day &amp; Margarita Day</b></p> <p>9:00  Morning News &amp; Coffee </p> <p>10:00  Arm Exercise </p> <p>11:00  Shopping Outing: Walmart</p> <p>2:00  Dime Bingo</p> <p>3:00  Chips Salsa &amp; Margaritas</p> <p>3:30  Getting To Know You Dice Game</p>	<p>25</p> <p><b>Resident Council Meeting National Quite Day</b></p> <p>9:00  Coffee Social &amp; Joke of the Day </p> <p>10:00  Bible Study </p> <p>1:00  Charades</p> <p>1:30  Catholic Communion </p> <p>2:30  Chefs Chat/ Resident Council</p> <p>3:30  Pictionary</p>	<p>26</p> <p>9:00  Morning Sit &amp; Chat </p> <p>10:00  Silver Sneakers Fitness</p> <p>10:30  Dime Bingo</p> <p>1:30  Tasty Creation: Banana Pudding </p> <p>2:30  Cornhole Fun </p> <p>3:00  Name That Tune</p>	<p>27</p> <p><b>National Chili Day</b></p> <p>9:00  Mugs &amp; Muffins </p> <p>10:00  Chair Yoga &amp; Meditation </p> <p>10:30  Famous Speeches / Did You Know</p> <p>1:00  Uno</p> <p>2:30  Chili Showdown Contest </p> <p>3:00  Movie/ Popcorn: Race </p>	<p>28</p> <p><b>Monthly Birthday Party</b></p> <p>9:00  Morning Hello and Coffee </p> <p>10:00  Has Fit Exercise </p> <p>10:30  Higher Lower Game + UNO</p> <p>1:00  Dime Bingo</p> <p>2:30  Celebrating February Birthdays with Around The Clock </p> <p>3:30  Brain Teaser Worksheets &amp; Music</p>	<p><b>License #157208915</b></p> <p><b>All Events Are Subject to Change</b></p>