

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Happy Birthday to the Following Resident:</b> Fernando S.- Jan. 1st		<b>New Year's Day</b> 1 9:00  Beauty Shop 9:30  Puzzle Social 10:30  Color Me Calm 11:00  Music Reminiscing 12:00 <i>Rest &amp; Relax</i> 1:30 <b>Movie &amp; Popcorn</b> 3:00  Armchair Travel	2 9:00  Beauty Shop 9:30  Morning Walking Group 10:00  Color me Calm 11:00  Music Reminiscing 12:00 <i>Rest &amp; Relax</i> 1:30 <b>Movie and Popcorn</b> 3:30  Puzzle Social	3 9:00  Beauty Shop 9:30  Morning Stretches 10:00  Scenic Drive (Hart park) 10:30  Color me Calm 11:00  Reminiscing Music 12:00 <i>Rest &amp; Relax</i> 1:30 <b>Icebreaker &amp; snacks Social</b> 2:30  White Board Fun 3:30  Funny Videos	4 9:00  Beauty Shop 9:30  Social & Conversation 10:00  Morning Stretches 10:30  Reminiscing Music 12:00 <i>Rest &amp; Relax</i> 1:30  Color me Calm & Puzzles 3:00  Bingo with Friends 3:30  Armchair Travel
5 9:30  Beauty Shop 10:00  Spiritual Hour with Cindy 11:00 <b>Valley Baptist Church Livestream</b> 12:00 <i>Rest &amp; Relax</i> 1:30 <b>Movie &amp; Popcorn</b> 3:30  Hand Massage	6 9:30  Beauty Shop 10:00  Morning Stretches 10:30  White Board Games 11:00  Visit Garden 12:00 <i>Rest &amp; Relax</i> 1:30 <b>Balloon Volleyball</b> 2:30  Card Games 3:30  Armchair Travel	7 9:30  Beauty Shop 10:00  Morning Stretches 10:30  Icebreaker Social 11:00  Reminiscing Music 12:00 <i>Rest &amp; Relax</i> 1:30 <b>Painting Craft</b> 2:30  Twister Fun 3:30  Icebreaker Social & Snacks	8 9:00  Beauty Shop 9:30  Puzzle Social 10:30  Color Me Calm 11:00  Music Reminiscing 12:00 <i>Rest &amp; Relax</i> 1:30 <b>Boogie with Bakersfield Community Healthcare</b> 3:00  Armchair Travel	9 9:00  Beauty Shop 9:30  Morning Walking Group 10:00  Color me Calm 11:00  Music Reminiscing 12:00 <i>Rest &amp; Relax</i> 1:30 <b>Movie and Popcorn</b> 3:30  Puzzle Social	10 <b>Celebrating Monthly Birthdays</b> 9:00  Beauty Shop 9:30  Morning Stretches 10:30  Color me Calm 11:00  Reminiscing Music 12:00 <i>Rest &amp; Relax</i> 2:00 <b>Celebrating Monthly Birthdays with around the Clock</b> 2:30 <b>Performance by: John P.</b> 3:30  Funny Videos	11 <b>Pet Therapy (10:30-11:30am)</b> 9:00  Beauty Shop 9:30  Social & Conversation 10:00  Morning Stretches 10:30  Reminiscing Music 12:00 <i>Rest &amp; Relax</i> 1:30  Color me Calm & Puzzles 3:00  Bingo with Friends 3:30  Armchair Travel
12 9:30  Beauty Shop 10:00  Spiritual Hour with Cindy 11:00 <b>Valley Baptist Church Livestream</b> 12:00 <i>Rest &amp; Relax</i> 1:30 <b>Movie &amp; Popcorn</b> 3:30  Hand Massage	13 9:30  Beauty Shop 10:00  Morning Stretches 10:30  White Board Games 11:00  Visit Garden 12:00 <i>Rest &amp; Relax</i> 1:30 <b>Golf &amp; Putting</b> 2:30  Card Games 3:30  Armchair Travel	14 9:30  Beauty Shop 10:00  Morning Stretches 10:30  Icebreaker Social 11:00  Reminiscing Music 12:00 <i>Rest &amp; Relax</i> 1:30 <b>Winter Craft</b> 2:30  Scattergories Fun 3:30  Funny Videos	15 <b>National Hat Day-Wear Your Favorite Hat</b> 9:00  Beauty Shop 9:30  Puzzle Social 10:30  Color Me Calm 11:00  Music Reminiscing 12:00 <b>Boogie with Bakersfield Healthcare</b> 12:00 <i>Rest &amp; Relax</i> 2:30 <b>Prize Bean Bag Twister</b> 3:00  Armchair Travel	16 9:00  Beauty Shop 9:30  Morning Walking Group 10:00  Color me Calm 11:00  Music Reminiscing 12:00 <i>Rest &amp; Relax</i> 1:30 <b>Movie and Popcorn</b> 3:30  Puzzle Social	17 9:00  Beauty Shop 9:30  Morning Stretches 10:30  Color me Calm 11:00  Reminiscing Music 12:00 <i>Rest &amp; Relax</i> 1:30 <b>Icebreaker Social Hour and goodies</b> 3:30  Funny Videos	18 9:00  Beauty Shop 9:30  Social & Conversation 10:00  Morning Stretches 10:30  Reminiscing Music 12:00 <i>Rest &amp; Relax</i> 1:30  Color me Calm & Puzzles 3:00  Bingo with Friends 3:30  Armchair Travel
19 9:30  Beauty Shop 10:00  Spiritual Hour with Cindy 11:00 <b>Valley Baptist Church Livestream</b> 12:00 <i>Rest &amp; Relax</i> 1:30 <b>Movie &amp; Popcorn</b> 3:30  Hand Massage	<b>Martin Luther King Jr. Day</b> 20 9:30  Beauty Shop 10:00  Morning Stretches 10:30  White Board Games 11:00  Visit Garden 12:00 <i>Rest &amp; Relax</i> 1:30 <b>Bowling Fun &amp; Ring Toss</b> 2:30  Card Games 3:30  Armchair Travel	21 9:30  Beauty Shop 10:00  Morning Stretches 10:30  Icebreaker Social 11:00  Reminiscing Music 12:00 <i>Rest &amp; Relax</i> 1:30 <b>Winter Snow Trees</b> 3:30  Funny Videos	22 9:00  Beauty Shop 9:30  Puzzle Social 10:30  Color Me Calm 11:00  Music Reminiscing 12:00 <i>Rest &amp; Relax</i> 1:30 <b>Movie &amp; Popcorn</b> 3:00  Armchair Travel	23 9:00  Beauty Shop 9:30  Morning Walking Group 10:00  Color me Calm 11:00  Music Reminiscing 12:00 <i>Rest &amp; Relax</i> 1:30 <b>Movie and Popcorn</b> 3:30  Puzzle Social	24 <b>New Residents Meet &amp; Greet</b> 9:00  Beauty Shop 9:30  Morning Stretches 10:30  Color me Calm 11:00  Reminiscing Music 12:00 <i>Rest &amp; Relax</i> 2:00 <b>Happy Hour Residents Meet &amp; Greet</b> 2:30 <b>Performance by: Jason</b> 3:30  Funny Videos	25 <b>Pet Therapy (10:30-11:30am)</b> 9:00  Beauty Shop 9:30  Social & Conversation 10:00  Morning Stretches 10:30  Reminiscing Music 12:00 <i>Rest &amp; Relax</i> 1:30  Color me Calm & Puzzles 3:00  Bingo with Friends 3:30  Armchair Travel
26 9:30  Beauty Shop 10:00  Spiritual Hour with Cindy 11:00 <b>Valley Baptist Church Livestream</b> 12:00 <i>Rest &amp; Relax</i> 1:30 <b>Movie &amp; Popcorn</b> 3:30  Hand Massage	27 9:30  Beauty Shop 10:00  Morning Stretches 10:30  White Board Games 11:00  Visit Garden 12:00 <i>Rest &amp; Relax</i> 1:30 <b>Balloon Volleyball</b> 2:30  Card Games 3:30  Armchair Travel	28 9:30  Beauty Shop 10:00  Morning Stretches 10:30  Icebreaker Social 11:00  Reminiscing Music 12:00 <i>Rest &amp; Relax</i> 1:30 <b>Winter Houses Crafts</b> 3:30  Funny Videos	<b>National Puzzle Day</b> 29 9:00  Beauty Shop 9:30  Puzzle Social 10:30  Color Me Calm 11:00  Music Reminiscing 12:00 <i>Rest &amp; Relax</i> 1:30 <b>Movie &amp; Popcorn</b> 3:00  Armchair Travel	30 9:00  Beauty Shop 9:30  Morning Walking Group 10:00  Color me Calm 11:00  Music Reminiscing 12:00 <i>Rest &amp; Relax</i> 1:30 <b>Movie and Popcorn</b> 3:30  Puzzle Social	31 <b>National Backwards Day</b> 9:00  Beauty Shop 9:30  Morning Stretches 10:30  Color me Calm 11:00  Reminiscing Music 12:00 <i>Rest &amp; Relax</i> 3:30  Funny Videos	

**All Events  
Are Subject  
to Change**