

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Happy Birthday to the Following Residents! <ul style="list-style-type: none"> Fernando S. - January 1st Fred V. - January 14th "Wishing you a day full of love and cake!"		New Year's Day 1 <ul style="list-style-type: none"> 3:30 Puzzle Social 9:00 Morning Sit & Chat 10:00 Silver Sneakers Fitness 10:30 Dime Bingo 1:30 Higher Lower Game + UNO 2:30 New Year's Resolutions Tree 3:00 Rubus Puzzles 	Monthly Book Club 2 <ul style="list-style-type: none"> 9:00 Mugs & Muffins 10:00 Chair Yoga & Meditation 10:30 Prize Bingo with Home Watch Caregivers 2:00 Book Club (Bring Your Own Book) 2:30 Movie/ Popcorn: Mrs. Doubtfire 3:00 Rummikub Club 	National Trivia Day 3 <ul style="list-style-type: none"> 9:00 Morning Hello and Coffee 10:00 Has Fit Exercise 10:30 Higher Lower Game + UNO 1:00 Dime Bingo 2:30 Fun Fact Trivia & Popcorn 3:30 Brain Teaser Worksheets & Music 	4 <ul style="list-style-type: none"> 10:00 Stretch & Breathe Exercise 11:00 Listen To Music or Read In The Library 1:30 Dime BINGO 2:30 Manicure & Music 3:00 Mexican Train
5 <ul style="list-style-type: none"> 10:00 Chair Yoga 10:30 Fellowship with Wilma 11:00 Valley Baptist Church LIVE STREAM 1:30 Movie & Popcorn: Residents' Choice 3:00 Table Games 	6 <ul style="list-style-type: none"> 9:00 Morning News & Coffee 10:00 Arm Exercise 11:00 Outing: Scenic Drive 1:30 Table Games 2:00 Dime Bingo 3:00 Manicures & Music 	7 <ul style="list-style-type: none"> 9:00 Coffee Social & Joke of the Day 10:00 Bible Study 1:30 Activity Planning Meeting For February 1:30 Catholic Communion 2:30 Bowling 3:00 Noodle Exercise 	8 <ul style="list-style-type: none"> 3:30 Puzzle Social 9:00 Morning Sit & Chat 10:00 Silver Sneakers Fitness 10:30 Dime Bingo 1:30 Boogie with Bakersfield Community Healthcare 2:30 Balloon Volleyball 3:00 Puzzle Social 	9 <ul style="list-style-type: none"> 9:00 Mugs & Muffins 10:00 Chair Yoga & Meditation 10:30 Dime Bingo 2:30 Movie/ Popcorn: Sixteen Candles 3:00 Fun With Words Trivia 	10 <ul style="list-style-type: none"> 9:00 Morning Hello and Coffee 10:00 Has Fit Exercise 1:00 Dime Bingo 2:00 Celebrating January Birthdays with Around The Clock 2:30 Performance by: John P. 3:30 Brain Teaser Worksheets & Music 	11 <ul style="list-style-type: none"> Pet Therapy 10:30am - 11:30am (In Memory Care) 10:00 Stretch & Breathe Exercise 11:00 Listen To Music or Read In The Library 1:30 Dime BINGO 2:30 Manicure & Music 3:00 Mexican Train
12 <ul style="list-style-type: none"> 10:00 Chair Yoga 10:30 Fellowship with Wilma 11:00 Valley Baptist Church LIVE STREAM 1:30 Movie & Popcorn: Residents' Choice 3:00 Table Games 	13 <ul style="list-style-type: none"> 9:00 Morning News & Coffee 10:00 Arm Exercise 11:00 Shopping Outing: In Your Wildest Dreams Consignments 1:30 Table Games 2:00 Dime Bingo 3:00 Manicures & Music 	14 <ul style="list-style-type: none"> 9:00 Coffee Social & Joke of the Day 10:00 Bible Study 1:00 Crafts: Sugar Hand Scrubs 1:30 Catholic Communion 2:30 Learning: ASL Videos 3:00 Noodle Exercise 	15 <ul style="list-style-type: none"> National Hat Day- Wear Your Favorite Hat 3:30 Puzzle Social 9:00 Morning Sit & Chat 10:00 Silver Sneakers Fitness 10:30 Dime Bingo 1:30 Hat Fashion Show 2:30 Prize Bean Bag Twister 3:00 Puzzle Social 3:00 Wiser Wednesday 	16 <ul style="list-style-type: none"> 9:00 Mugs & Muffins 10:00 Chair Yoga & Meditation 10:30 Dime Bingo 2:30 Movie/ Popcorn: Maid in Manhattan 3:00 Rummikub Club 	17 <ul style="list-style-type: none"> 9:00 Morning Hello and Coffee 10:00 Has Fit Exercise 10:30 Learning: ASL Videos 1:00 Dime Bingo 2:30 AXE Throwing Game 3:30 Brain Teaser Worksheets & Music 	18 <ul style="list-style-type: none"> 10:00 Stretch & Breathe Exercise 11:00 Listen To Music or Read In The Library 1:30 Dime BINGO 2:30 Manicure & Music 3:00 Mexican Train
19 <ul style="list-style-type: none"> 10:00 Chair Yoga 10:30 Fellowship with Wilma 11:00 Valley Baptist Church LIVE STREAM 1:30 Movie & Popcorn: Residents' Choice 3:00 Table Games 	20 <ul style="list-style-type: none"> 9:00 Morning News & Coffee 10:00 Arm Exercise 11:00 Shopping Outing: Walmart 1:30 Table Games 2:00 Dime Bingo 3:00 Wine/ Cheese Hour 	21 <ul style="list-style-type: none"> 9:00 Coffee Social & Joke of the Day 10:00 Bible Study 1:00 Learning: Basic Spanish Words 1:30 Catholic Communion 2:30 Tasty Creation: "Bagel Pizza" 3:00 Noodle Exercise 	22 <ul style="list-style-type: none"> 3:30 Puzzle Social 9:00 Morning Sit & Chat 10:00 Silver Sneakers Fitness 10:30 Dime Bingo 1:30 Boogie with Bakersfield Community Healthcare 2:30 Cornhole Fun 3:00 Rubus Puzzles 	23 <ul style="list-style-type: none"> 9:00 Mugs & Muffins 10:00 Chair Yoga & Meditation 10:30 Dime Bingo 1:30 Craft: Sending Letters & Cards 2:30 Price is Right 3:00 Fun With Words Trivia 	24 <ul style="list-style-type: none"> 9:00 Morning Hello and Coffee 10:00 Has Fit Exercise 1:00 Dime Bingo 2:00 Happy Hr. Residents Meet & Greet 2:30 Performance by: Jason 3:30 Brain Teaser Worksheets & Music 	25 <ul style="list-style-type: none"> Pet Therapy 10:30am - 11:30am (In Memory Care) 10:00 Stretch & Breathe Exercise 11:00 Listen To Music or Read In The Library 1:30 Dime BINGO 2:30 Manicure & Music 3:00 Mexican Train
26 <ul style="list-style-type: none"> 10:00 Chair Yoga 10:30 Fellowship with Wilma 11:00 Valley Baptist Church LIVE STREAM 1:30 Movie & Popcorn: Residents' Choice 3:00 Table Games 	27 <ul style="list-style-type: none"> 9:00 Morning News & Coffee 10:00 Arm Exercise 11:00 Outing: Dollar Tree & Hawaiian Ono 1:30 Table Games 2:00 Dime Bingo 3:00 Fun with Letters 	28 <ul style="list-style-type: none"> Resident Council Meeting 9:00 Coffee Social & Joke of the Day 10:00 Bible Study 1:00 Dime Bingo 1:30 Catholic Communion 2:30 Chefs Chat/ Resident Council 3:00 Noodle Exercise 	29 <ul style="list-style-type: none"> National Puzzle Day 3:30 Puzzle Social 9:00 Morning Sit & Chat 10:00 Silver Sneakers Fitness 10:30 Dime Bingo 1:30 Craft: Puzzle Picture Frame 2:30 Rubik's Cube Resident & Staff Challenge 3:00 Puzzle Social 	30 <ul style="list-style-type: none"> 9:00 Mugs & Muffins 10:00 Chair Yoga & Meditation 10:30 Dime Bingo 2:30 Movie/ Popcorn: Barbie (2023 Film) 3:00 Fun With Words Trivia 	31 <ul style="list-style-type: none"> 9:00 Morning Hello and Coffee 10:00 Has Fit Exercise 10:30 Rummikub Club 1:00 Dime Bingo 2:00 Writing Backwards Challenge 3:00 Cocktail Hour: Conversations & Trivia 	License #157208915 All Events Are Subject to Change