

December 2024

Entertainer Movie Outing Physical Game
Bingo Self-Care Music Reminiscent

Arts & Crafts Trivia/Brain Games Gardening/Horticulture

Exercise Table/Card Games Spiritual

Social Virtual/Online Engagement Sensory Stimulation

AT SAN LAUREN by Blue Mountain			Social Virtual/Online Engagement Sensory Stimulation			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Beauty Shop 10:00 Spiritual Hour & Muffins with Cindy 11:00 Valley Baptist Church Livestream 12:00 Rest & Relax 1:30 Movie & Popcorn Residents' Choice 3:30 Reminisce Social	9:30 Beauty Shop 10:00 Morning Stretches 10:30 Sensory Stations 11:00 White Board Fun 11:30 Garden Visit 12:00 Rest & Relax 1:30 Balloon Baseball Fun 2:30 Bingo with Friends 3:00 Reminisce Music 3:30 Armchair Travel	9:00 Beauty Shop 9:30 Morning Stretches 10:00 Sensory Stations 10:30 UNO FUN 11:00 Garden Visit 12:00 Rest & Relax 1:30 Santa Craft 3:30 Funny Home Videos 6:00 Holiday Caroling: Girl Scout Troop 2815	9:00 Beauty Shop 9:30 Morning Walking Group 10:00 Sensory Stations 10:30 Color Me Calm 11:00 Garden Visit 12:00 Rest & Relax 1:30 Boogie with Bakersfield Community Healthcare 2:30 Puzzle Social 3:30 Armchair Travel	9:00 Beauty Shop 9:30 Morning Walking Group 10:00 Sensory Stations 10:30 Color Me Calm 12:00 Rest & Relax 1:30 Movie and Popcorn 3:30 Puzzle Social	9:00 Beauty Shop 10:00 Scenic Drive & Snacks 10:30 Sensory Stations 12:00 Rest & Relax 1:30 Snowflake Craft 2:30 Table Card Games 3:00 Holiday Music Practice 3:30 Hand Massage Social	Pet Therapy 10:30am-11:30am 7 9:00 Beauty Shop 10:00 Morning Stretches 10:30 Pet Therapy (10:30-11:30am) 12:00 Rest & Relax 1:30 Color me Calm & Puzzles 2:00 Bingo with Friends 2:30 Funny Videos 3:30 Hand Massage & Music
9:00 Beauty Shop 10:00 Spiritual Hour & Muffins with Cindy 11:00 Valley Baptist Church Livestream 12:00 Rest & Relax 1:30 Movie & Popcorn Residents' Choice 3:30 Reminisce Social	9:30 Beauty Shop 10:00 Morning Stretches 10:30 Sensory Stations 11:00 White Board Fun 11:30 Garden Visit 12:00 Rest & Relax 1:30 Balloon Volleyball 2:30 Bingo with Friends 3:00 Reminisce Music 3:30 Armchair Travel	9:00 Beauty Shop 9:30 Morning Stretches 10:00 Sensory Stations 10:30 Left, right center game 11:00 Garden Visit 12:00 Rest & Relax 1:30 Reindeer Craft 2:00 Holiday Caroling with Meathead Movers 3:30 Funny Home Videos	9:00 Beauty Shop 9:30 Morning Walking Group 10:00 Sensory Stations 10:30 Color Me Calm 11:00 Garden Visit 12:00 Rest & Relax 1:30 Balloon Baseball 2:30 Puzzle Social 3:30 Armchair Travel	9:00 Beauty Shop 9:30 Morning Walking Group 10:00 Sensory Stations 10:30 Color Me Calm 12:00 Rest & Relax 1:30 Movie and Popcorn 3:30 Puzzle Social	Monthly Birthday Party 9:00 Beauty Shop 10:00 Scenic Drive & Snacks 10:30 Sensory Stations 12:00 Rest & Relax 1:30 Christmas Card Making 2:30 Celebrating December Birthdays 3:00 Karaoke Dance Party 3:30 Hand Massage Social	9:00 Beauty Shop 10:00 Morning Stretches 10:30 Manicures & Music 11:00 Holiday Music Practice 12:00 Rest & Relax 1:30 Color me Calm & Puzzles 2:00 Bingo with Friends 2:30 Funny Videos 3:30 Hand Massage & Music
9:00 Beauty Shop 10:00 Spiritual Hour & Muffins with Cindy 11:00 Valley Baptist Church Livestream 12:00 Rest & Relax 1:30 Movie & Popcorn Residents' Choice 3:30 Reminisce Social	9:30 Beauty Shop 10:00 Morning Stretches 10:30 Sensory Stations 11:00 White Board Fun 11:30 Garden Visit 12:00 Rest & Relax 1:30 Balloon Baseball 2:30 Bingo with Friends 3:00 Reminisce Music 3:30 Armchair Travel	9:00 Beauty Shop 9:30 Morning Stretches 10:00 Sensory Stations 10:30 UNO FUN 11:00 Garden Visit 12:00 Rest & Relax 1:30 Elf Crafts 3:30 Funny Home Videos	9:00 Beauty Shop 9:30 Morning Walking Group 10:00 Sensory Stations 10:30 Color Me Calm 11:00 Garden Visit 12:00 Rest & Relax 1:30 Boogie with Bakersfield Community Healthcare 2:30 Puzzle Social 3:30 Armchair Travel	9:00 Beauty Shop 9:30 Morning Walking Group 10:00 Sensory Stations 10:30 Color Me Calm 12:00 Rest & Relax 1:30 Movie and Popcorn 3:30 Puzzle Social	Holiday Candlelight Dinner 20 9:00 Beauty Shop 10:00 Scenic Drive & Snacks 10:30 Sensory Stations 12:00 Rest & Relax 1:30 Christmas Trivia 2:00 Elf wreaths w/Bristol Hospice 2:30 Table Card Games 3:00 Holiday Music Practice 3:30 Hand Massage Social	Pet Therapy 10:30am-11:30am 21 9:00 Beauty Shop 10:00 Morning Stretches 10:30 Pet Therapy (10:30-11:30am) 12:00 Rest & Relax 1:30 Color me Calm & Puzzles 2:00 Bingo with Friends 2:30 Funny Videos 3:30 Hand Massage & Music
9:00 Beauty Shop 10:00 Spiritual Hour & Muffins with Cindy 11:00 Valley Baptist Church Livestream 12:00 Rest & Relax 1:30 Movie & Popcorn Residents' Choice 3:30 Reminisce Social	Holiday Party 9:30 Beauty Shop 10:00 Morning Stretches 10:30 Sensory Stations 11:00 White Board Fun 11:30 Garden Visit 12:00 Rest & Relax 1:30 Balloon Volleyball 2:00 Ugly Sweater Contest 2:30 Performance by: Jim Robinson 3:00 Reminisce Music 3:30 Armchair Travel	9:00 Beauty Shop 9:30 Morning Stretches 10:00 Sensory Stations 10:30 Left, right center game 11:00 Garden Visit 12:00 Rest & Relax 1:30 Christmas Town Craft 3:30 Funny Home Videos	Christmas 9:00 Beauty Shop 9:30 Morning Walking Group 10:00 Sensory Stations 10:30 Color Me Calm 11:00 Garden Visit 12:00 Rest & Relax 1:30 Holiday Cookies and Music 2:30 Puzzle Social 3:30 Armchair Travel	9:00 Beauty Shop 9:30 Morning Walking Group 10:00 Sensory Stations 10:30 Color Me Calm 12:00 Rest & Relax 1:30 Movie and Popcorn 3:30 Puzzle Social	Meet & Greet New Residents 27 9:00 Beauty Shop 10:00 Scenic Drive & Snacks 10:30 Sensory Stations 12:00 Rest & Relax 1:30 Meet & Greet Hot Cocoa & Trivia w/Bristol Hospice 2:30 Table Card Games 3:00 Karaoke Friday 3:30 Hand Massage Social	9:00 Beauty Shop 10:00 Morning Stretches 10:30 Manicures & Music 12:00 Rest & Relax 1:30 Color me Calm & Puzzles 2:00 Bingo with Friends 2:30 Funny Videos 3:30 Hand Massage & Music
9:00 Beauty Shop 10:00 Spiritual Hour & Muffins with Cindy 11:00 Valley Baptist Church Livestream 12:00 Rest & Relax 1:30 Movie & Popcorn Residents' Choice 3:30 Reminisce Social	9:30 Beauty Shop 10:00 Morning Stretches 10:30 Sensory Stations 11:00 White Board Fun 11:30 Garden Visit 12:00 Rest & Relax 1:30 Balloon Baseball Fun 2:30 Bingo with Friends 3:00 Reminisce Music 3:30 Armchair Travel	New Year's Eve Bash 9:00 Beauty Shop 9:30 Morning Stretches 10:00 Sensory Stations 10:30 UNO FUN 11:00 Garden Visit 12:00 Rest & Relax 1:30 New Year Crafts 2:30 New Year's Eve Bash 3:30 Funny Home Videos		All Events Are Subject to Change	2025	Happy Birthday to the Following Residents: Robert M Dec. 05th Glenita F Dec. 19th Clarence Y Dec. 30th

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