

December 2024

Religious Programs	Daily Exercise
Special Occasion	Social/Discussion
Bingo	Games (Table/ Physical)
Movie	Cooking/ Baking
Arts & Crafts	Self Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Chair Yoga ♥ 10:30 Fellowship with Wilma 11:00 Valley Baptist Church LIVE STREAM ♥ 1:30 Movie & Popcorn: Residents' Choice ☎ 3:00 Table Games♥	1 2 9:00 Morning News & Coffee 10:00 Arm Exercise 11:00 Shopping Outing: "Hobby Lobby" 2:00 Dime Bingo 3:00 Manicures & Music	3 9:00 Coffee Social & Joke of the Day M 10:00 Bible Study M 1:00 Holiday Craft: Greeting Card 1:30 Catholic Communion 2:00 Higher Lower Game + UNO 2:30 Rummikub Club 3:00 Noodle Exercise M 6:00 Holiday Caroling: Girl Scout Troop 2815 M	4 9:00 Morning Sit & Chat № 10:00 Silver Sneakers Fitness № 10:30 Holiday Craft: Door Hanger (Sign Up Required) № 1:30 Boogie with Bakersfield Community Healthcare ← 2:00 Fill in The Blanks 3:00 Mexican Train Club	9:00 Mugs & Muffins 10:00 Chair Yoga & Meditation 10:30 Dime Bingo 1:00 Craft Sale By Becky 1:30 Spelling Bee Contest 2:00 Holiday Headband: Book Club 2:30 Cocktail Hour 3:00 Puzzle Social 4:00 Outing: Bakersfield Parade	 New Residents Luncheon 12pm 6 9:00 Morning Hello and Coffee 10:00 Has Fit Exercise 10:30 Activity Planning: "Meeting For December" 1:00 Dime Bingo 2:00 Rubus Puzzles 3:30 Brain Teaser Worksheets & Music 	Pet Therapy 10:30am - 11:30am7(In Memory Care)710:00Stretch & Breathe Exercise ♥11:00Listen To Music or Read In The Library♥1:30Dime BINGO 2:302:30Manicure & Music 3:00
10:00 Chair Yoga ♥ 10:30 Fellowship with Wilma 11:00 Valley Baptist Church LIVE STREAM ₪ 1:30 Movie & Popcorn: Residents' Choice 3:00 Table Games ♥	 9 9:00 Morning News & Coffee 10:00 Arm Exercise 11:00 Lunch Outing: Sugar Mill 2:00 Remembrance Gathering with Bakersfield Community Healthcare 3:00 Manicures & Music 	10 9:00 Coffee Social & Joke of the Day 10:00 Bible Study M 11:00 Holiday Caroling with "Beasley Middle School" M 1:00 Rubus Puzzles M 1:30 Catholic Communion 2:00 Holiday Caroling with Meathead Movers M 2:30 Rummikub Club 3:00 Noodle Exercise M	11 9:00 Morning Sit & Chat III 10:00 Silver Sneakers Fitness III 10:30 Dime Bingo 1:30 Family Feud 3:00 Mexican Train Club 5:30 Holiday Lights (Sign Up Required)	Passport Event "North Pole" 12 9:00 Mugs & Muffins III 10:00 Chair Yoga & Meditation III 10:30 Virtual Tour: North Pole and Holiday lights 1:30 Hot Cocca Bar III 2:30 Making: Gingerbread Houses III 3:00 Rummikub Club	2 Monthly Birthday Party 13 9:00 Morning Hello and Coffee 13 10:00 Has Fit Exercise 10 10:30 Baking Club 1:00 Dime Bingo 2:30 Celebrating December Birthdays 3:00 Karaoke Dance Party 3:30 Social Hr./ Funny Videos	14 10:00 Stretch & Breathe Exercise ♥ 11:00 Listen To Music or Read In The Library 1:30 Dime BINGO 2:30 Manicure & Music 3:00 Mexican Train♥
15 10:00 Chair Yoga ♥ 10:30 Fellowship with Wilma 11:00 Valley Baptist Church LIVE STREAM ₪ 1:30 Movie & Popcorn: Residents' Choice 3:00 Table Games♥	5 16 9:00 Morning News & Coffee 10:00 Arm Exercise 11:00 Lunch Outing: "Chili's" 2:00 Holiday Caroling Party with Hoffmann Hospice 3:00 Dime Bingo	17 9:00 Coffee Social & Joke of the Day № 10:00 Bible Study № 10:30 Caroling with San Lauren Elementary ■ 1:00 Holiday Craft (Sign Up Required) № 1:30 Catholic Communion ■ 2:30 Rubus Puzzles 3:00 Noodle Exercise №	18 9:00 Morning Sit & Chat 10:00 Silver Sneakers Fitness 10:30 Dime Bingo 1:30 Boogie with Bakersfield Community Healthcare ← 2:30 Snow Ball Toss 3:00 Mexican Train Club	Family \$1 Bingo Night With 15 Santa 9:00 Mugs & Muffins III 9:00 Chair Yoga & Meditation III 10:00 Chair Yoga & Meditation III 10:30 Holiday Dice Game 1:30 Balloon Volleyball ← 2:30 Fill in The Blanks 3:00 Movie/ Popcorn: The Claus Family 6:30 Bingo and Santa	 9:00 Morning Hello and Coffee Im 10:00 Has Fit Exercise Im 10:30 Holiday Trivia and Right Left Game 1:00 Dime Bingo 2:00 Holiday Craft: Elf Wreath with Bristol ← 3:30 Brain Teaser Worksheets & Music 	Pet Therapy 10:30am - 11:30am 21 (In Memory Care) 10:00 Stretch & Breathe 10:00 Stretch & Breathe Exercise ♥ 11:00 Listen To Music or Read In The Library In The Library 1:30 Dime BINGO 2:30 Manicure & Music 3:00 Mexican Train♥
22 10:00 Chair Yoga ♥ 10:30 Fellowship with Wilma 11:00 Valley Baptist Church LIVE STREAM ₪ 1:30 Movie & Popcorn: Residents' Choice □ 3:00 Table Games♥	2 Holiday Party 23 9:00 Morning News & Coffee 10:00 Arm Exercise 1:00 Holiday Scavenger Hunt 2:00 Ugly Sweater Contest 2:30 Holiday Party 2:30 Performance by Jim Robinson 3:00	24 9:00 Coffee Social & Joke of the Day III 10:00 Bible Study IIII 1:00 Tasty Creation: Marshmallow Treats 1:30 Catholic Communion 2:00 Fun With Words Trivia 3:00 Noodle Exercise IIII	Christmas 25 9:00 Morning Sit & ChatIIII 10:00 Silver Sneakers Fitness Image: Christmas 10:30 Holiday Minute to Win it Games 1:00 Movie/ Cookies: White Christmas 3:00 Mexican Train Club	26 9:00 Mugs & Muffins M 10:00 Chair Yoga & Meditation M 10:30 Dime Bingo 1:30 Rubus Puzzles 2:30 Movie/ Popcorn: Book Club 3:00 Cornhole Fun	 Welcoming New Residents Meet 27 & Greet 9:00 Morning Hello and Coffee 10:00 Has Fit Exercise 10:30 Cornhole Fun 1:00 Dime Bingo 2:30 Meet & Greet Wine Hour 3:30 Brain Teaser Worksheets & Music 	28 10:00 Stretch & Breathe Exercise ♥ 11:00 Listen To Music or Read In The Library № 1:30 Dime BINGO 2:30 Manicure & Music 3:00 Mexican Train♥
10:00 Chair Yoga ♥ 10:30 Fellowship with Wilma 11:00 Valley Baptist Church LIVE STREAM ₪ 1:30 Movie & Popcorn: Residents' Choice 3:00 Table Games ♥	 Resident Council Meeting 30 9:00 Morning News & Coffee 10:00 Arm Exercise 11:00 Outing: "Scenic Drive" 2:00 Chefs Chat/ Resident Council 3:00 Dime Bingo 	New Year's Eve Bash319:00Coffee Social & Joke of the Day10:00Bible Study1:00New Year's Resolutions Tree1:30Catholic Communion2:30New Year's Eve Bash 2025 Performance By: Joe3:00Noodle Exercise		 Happy Birthday to the Following Residents! Sallie N Dec 10th Judy K Dec 11th William H Dec 18th Kathryn C Dec 24th Velda B Dec 31st 	2025	License #157208915 All Events Are Subject to Change

Independent & Assisted Living Activities Calendar

- Virtual/Online Engagement
- Outings
- Meeting
- Trivia/Brain Games
- RL = Resident Led
- Movie Theatre
- ← MC = Memory Care

- 🛤 Library
- Dining Room

