

alking Group 9:30 Morning Stretches 10:00 Morning Stretches Popcorn: 12:00 Rest and Relax 12:00 Rest and Relax 12:00 Rest and Relax 1:30 Bingo fun 1:30 Bingo fun 2:30 Baking Club 3:30 Karaoke Friday setern Day 12 NALW: Dress Like the Boss, 13 p 9:00 Beauty Shop 9:00 Murg Stretches 10:30 Bingo fun 10:30 Pet Therapy 10:30am-11:30am 14 9:00 Morning Stretches 10:30 Murg Stretches 10:30 Pet Therapy 10:30am-11:30am 14 9:00 Beauty Shop 9:00 Murg Stretches 10:30 Pet Therapy 12:00 Rest and Relax 12:00 Rest and Relax 12:00 Rest and Relax 1:30 BINGO with Friends 3:00 Eating Club al 3:30 Karaoke Friday 20 21 9:00 Murg Stretches 10:00 Outing to the Kern County Fair 20 20 21 9:00 Murg Stretches 10:00 Outing to the Kern County Fair 20 20 10:00 <t< th=""><th>Entertain Bingo Arts & C Exercise Social</th><th>Self-Care N Grafts Trivia/Brain Games S Cooking/Baking S</th><th>DutingReminiscentMusicImage: TheaterSpiritualSensory StimulationPhysical Game</th></t<>	Entertain Bingo Arts & C Exercise Social	Self-Care N Grafts Trivia/Brain Games S Cooking/Baking S	DutingReminiscentMusicImage: TheaterSpiritualSensory StimulationPhysical Game
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THE PALMS AT SAN LAUREN by Blue Mountain	Septe	mber 2024		Enterta Bingo Arts & 0 Exercis Social	Crafts Self-Care	Duting Reminiscent Ausic Inteater Spiritual Sensory Stimulation Physical Game
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Beauty Shop 9:30 Color me Calm 10:00 Morning Stretches 10:30 Spiritual Social 11:30 Valley Baptist Church Livestream 1:30 1:30 Movie and Popcorn: Residents' Choice 3:00 Table Games 1	Labor Day29:00Beauty Shop9:30Morning Stretches10:00Color Sorting Fun12:00 Rest and Relax1:30Guess the word game2:00Table Games3:00Food Trivia	2 3 9:00 Beauty Shop 9:30 Morning Stretches 10:00 Bible Study 10:00 Bingo 12:00 Rest and Relax 1:30 Twister Game with Prizes 2:30 Create Your Own Recipe Group 3:00 Music Therapy	4 9:00 Beauty Shop 10:00 Morning Walking Group 10:30 Bingo with Friends 12:00 Rest and Relax 1:30 Word Game Wednesday 2:00 Relaxing Music 3:30 Puzzle Social	5 9:00 Beauty Shop 9:30 Morning Walking Group 12:00 Rest and Relax 1:30 Movie and Popcorn: Inkheart 2 2:30 Relaxing Music 3:30 Puzzle Social	6 9:00 Beauty Shop 9:30 Morning Stretches 10:00 Outing Scenic Drive <i>12:00 Rest and Relax</i> 1:30 Bingo fun 2:00 Trivia fun 2:30 Baking Club 3:30 Karaoke Friday	7 9:00 Mugs & Muffins Social 10:00 Morning Stretches 10:30 Icebreakers <i>12:00 Rest and Relax</i> 1:30 BINGO with Friends 3:30 Table Games
National Assisted Living Week 8 Begins. Happy Grandparents 9:00 Beauty Shop 10:00 Morning Stretches 10:30 Donuts with Grandparents 11:00 Grandparents Day and Photo Shoot 11:30 Valley Baptist Church Livestream 12:00 Rest and Relax 1:30 Movie and Popcorn: Residents' Choice 3:00 Table Games	NALW Spirit Week: Disney's "Inside Out" Day 9:00 Beauty Shop 9:30 Morning Stretches 10:00 Matching Shape game 12:00 Rest and Relax 1:30 Line Dancing Class 2:00 Table Games 3:00 Food Trivia	 NALW Spirit Week: Anime Day 10 9:00 Beauty Shop 9:30 Morning Stretches 10:00 Bible Study 10:00 Bingo 12:00 Rest and Relax 1:30 Balloon Charades 2:30 Memory Card Pair Game 3:00 Music Therapy 	Citizen Day 9:00 Beauty Shop 10:00 Morning Walking Group 10:30 Bingo with Friends 12:00 Rest and Relax 1:30 Boogie with Bakersfield Community Healthcare	NALW Spirit Week: Western Day 129:00Beauty Shop9:30Morning Walking Group11:00Valley Baptist Choir12:00 Rest and Relax1:30Movie and Popcorn: Finding Neverland2:30Relaxing Music3:30Puzzle Social	NALW: Dress Like the Boss, 13 Doug, Day 9:00 Beauty Shop 9:30 Morning Stretches 10:00 Scenic Drive and Donuts 12:00 Rest and Relax 1:30 Bingo fun 2:00 Fortune Cookie Day: Find Out Your Fortune 2:00 Trivia fun 2:30 Baking Club 3:30 Karaoke Friday	Pet Therapy 10:30am-11:30am149:00Mugs & Muffins Social10:00Morning Stretches10:30Pet Therapy10:30Tootsie Pop Day Craft Project12:00 Rest and Relax1:30BINGO with Friends3:00Be Creative Day
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22 9:00 Beauty Shop 10:00 Morning Stretches 10:30 Spiritual Social 11:30 Valley Baptist Church Livestream 12:00 Rest and Relax 1:30 Movie and Popcorn: Residents' Choice 3:00 Ice Cream Social for "Eat Ice Cream" Day	 9:00 Beauty Shop 9:30 Morning Stretches 10:00 Color Sorting Fun 12:00 Rest and Relax 1:30 First Day of Fall Social 2:30 Table Games 3:00 Fall Trivia 	3249:00Beauty Shop9:30Morning Stretches10:00Bible Study10:00Bingo12:00 Rest and Relax1:30Fall Creations2:30Memory Card Pair Game3:00Music Therapy	25 9:00 Beauty Shop 10:00 Morning Walking Group 10:30 Bingo with Friends <i>12:00 Rest and Relax</i> 1:30 Boogie with Bakersfield Community Healthcare 2:00 Relaxing Music 3:30 Puzzle Social	26 9:00 Beauty Shop 9:30 Morning Walking Group 12:00 Rest and Relax 1:30 Balloon Toss 2:30 Relaxing Music 3:30 Puzzle Social	Monthly Birthday Party 27 9:00 Beauty Shop 9:30 Morning Stretches 10:00 Scenic Drive and Pumpkin Goodies 12:00 Rest and Relax 1:30 Reminiscing Circle 2:00 Monthly Birthday Party 3:30 Baking Club: Pumpkin Rolls	Pet Therapy 10:30am-11:30am289:00Mugs & Muffins Social10:00Morning Stretches10:30Icebreaker Social12:00 Rest and Relax1:30BINGO with Friends3:30Table Games
29 9:00 Beauty Shop 10:00 Morning Stretches 10:30 Spiritual Social 11:30 Valley Baptist Church Livestream 12:00 Rest and Relax 1:30 Movie and Popcorn: Residents' Choice 3:00 Table Games	30 9:00 Beauty Shop 9:30 Morning Stretches 10:00 Fishing Fun 12:00 Rest and Relax 1:30 Word Charades 2:00 Table Games 3:00 Food Trivia	Hello September	License #157208915 All Events Are Subject to Change	HAPPY SCRANDY PARENTS DAY		 Happy Birthday to the Following Residents: Betty J September 2nd Pancho S September 30th