

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>10:00 Chair Yoga </p> <p>10:30 Fellowship with Wilma</p> <p>11:00 Valley Baptist Church LIVE STREAM </p> <p>1:30 Movie & Popcorn: Residents' Choice </p> <p>3:00 Table Games </p>	<p>2</p> <p>Labor Day</p> <p>9:00 Morning News & Coffee </p> <p>10:00 Arm Exercise </p> <p>11:00 Shopping Outing: Walmart</p> <p>2:00 Dime Bingo</p> <p>3:00 Player Piano Day with Linda </p>	<p>3</p> <p>9:00 Coffee Social & Joke of the Day </p> <p>10:00 Bible Study</p> <p>12:00 Veterans' Luncheon </p> <p>1:30 Catholic Communion </p> <p>2:00 Balloon Volleyball</p> <p>3:00 Noodle Exercise </p>	<p>4</p> <p>Wiser Wednesday</p> <p>9:00 Gardening with Emily</p> <p>10:00 Summer Indoor Walking Group</p> <p>10:30 Dime Bingo</p> <p>1:30 Reminiscing Teenage Years</p> <p>2:30 Book Club (Bring Your Own Book) </p> <p>3:00 Mexican Train Club </p>	<p>5</p> <p>9:00 Women Coffee Social </p> <p>10:00 Chair Yoga & Meditation </p> <p>1:00 Activity Planning Meeting For October</p> <p>2:00 Movie & Popcorn: "Inkheart"</p> <p>3:00 Table Games </p>	<p>6</p> <p>Popcorn Days</p> <p>9:00 Morning Hello and Coffee </p> <p>10:00 Move & Groove </p> <p>1:00 Dime Bingo</p> <p>2:00 Flavored Popcorn Tasting</p> <p>3:00 Fun Facts about Popcorn</p> <p>3:30 Karaoke Friday</p>	<p>7</p> <p>10:00 Stretch & Breathe Exercise </p> <p>10:30 Performance by: "The Flying Morenos" </p> <p>11:00 Listen To Music or Read In The Library </p> <p>1:30 Dime BINGO</p> <p>2:30 Balloon Volleyball</p> <p>3:00 Mexican Train </p>
<p>8</p> <p>National Assisted Living Week Begins. Grandparents Day</p> <p>10:00 Chair Yoga </p> <p>10:30 Donuts with Grandparents</p> <p>11:00 Grandparents Photo Shoot</p> <p>1:00 \$5 Jewelry Sale 1-3pm </p> <p>1:30 Movie & Popcorn: Residents' Choice </p> <p>3:00 Table Games </p>	<p>9</p> <p>9:00 Morning News & Coffee </p> <p>10:00 Arm Exercise </p> <p>11:00 Lunch Outing: Chili's</p> <p>2:00 Dime Bingo</p> <p>3:00 Manicures & Music</p>	<p>10</p> <p>9:00 Coffee Social & Joke of the Day </p> <p>10:00 Bible Study</p> <p>1:00 Crafts: Fall Sign (Sign-Up Required)</p> <p>1:30 Catholic Communion </p> <p>2:00 Wii Sports</p> <p>3:00 Noodle Exercise </p>	<p>11</p> <p>Residents Ambassadors' Meeting</p> <p>9:00 Gardening with Emily</p> <p>10:00 Summer Indoor Walking Group</p> <p>10:30 Dime Bingo</p> <p>1:00 Resident Ambassadors' Meeting </p> <p>1:30 Boogie with Bakersfield Community Healthcare </p> <p>2:30 Price is Right</p> <p>3:00 Mexican Train Club </p>	<p>12</p> <p>9:00 Women Coffee Social </p> <p>10:00 Chair Yoga & Meditation </p> <p>10:30 Craft: Tootsie Pop </p> <p>11:00 Valley Baptist Choir </p> <p>1:30 Movie & Popcorn: "Finding Neverland"</p> <p>3:00 Table Games </p>	<p>13</p> <p>9:00 Morning Hello and Coffee </p> <p>10:00 Move & Groove </p> <p>10:30 Topic: How Did We Ever Live Without </p> <p>1:00 Dime Bingo</p> <p>2:30 Afternoon Tea Social </p> <p>3:00 Sit & Chat</p>	<p>14</p> <p>Pet Therapy 10:30am - 11:30am (In Memory Care)</p> <p>10:00 Stretch & Breathe Exercise </p> <p>11:00 Listen To Music or Read In The Library </p> <p>1:30 Dime BINGO</p> <p>2:30 Manicure & Music</p> <p>3:00 Mexican Train </p>
<p>15</p> <p>10:00 Chair Yoga </p> <p>10:30 Fellowship with Wilma</p> <p>11:00 Valley Baptist Church LIVE STREAM </p> <p>1:30 Movie & Popcorn: Residents' Choice </p> <p>3:00 Table Games </p>	<p>16</p> <p>9:00 Morning News & Coffee </p> <p>10:00 Arm Exercise </p> <p>11:00 Shopping Outing: Walmart</p> <p>2:00 Dime Bingo</p> <p>3:00 Manicures & Music</p>	<p>17</p> <p>County Fair Social</p> <p>9:00 Coffee Social & Joke of the Day </p> <p>10:00 Bible Study</p> <p>1:00 Reminiscing: Fair Days</p> <p>1:30 Catholic Communion </p> <p>2:00 Tasty Creation: Fair Foods</p> <p>3:00 Fair Games</p>	<p>18</p> <p>Educational Seminar</p> <p>9:00 Gardening with Emily</p> <p>10:00 Summer Indoor Walking Group</p> <p>10:30 Dime Bingo</p> <p>1:30 Educational Seminar: Woman Health </p> <p>2:30 Water Bottle Challenge </p> <p>3:00 Rummikub Club </p>	<p>19</p> <p>9:00 Women Coffee Social </p> <p>10:00 Chair Yoga & Meditation </p> <p>10:30 Craft: Sugar Hand Scrubs (Sign-Up Required)</p> <p>1:30 Movie & Popcorn: "Ladies in Lavender"</p> <p>3:00 Table Games </p>	<p>20</p> <p>Senior Day at Kern County Fair</p> <p>9:00 Morning Hello and Coffee </p> <p>9:30 Move & Groove </p> <p>10:00 Outing: Kern County Fair</p> <p>1:30 Dime Bingo</p> <p>2:30 Mix & Mingle Happy Hour</p> <p>3:30 Brain Teaser Worksheets & Music</p>	<p>21</p> <p>10:00 Stretch & Breathe Exercise </p> <p>11:00 Listen To Music or Read In The Library </p> <p>1:30 Dime BINGO</p> <p>2:30 Manicure & Music</p> <p>3:00 Mexican Train </p>
<p>22</p> <p>Deaf Awareness Week Begins</p> <p>10:00 Chair Yoga </p> <p>10:30 Fellowship with Wilma</p> <p>11:00 Valley Baptist Church LIVE STREAM </p> <p>1:30 Basic Sign Language Video</p> <p>3:00 Table Games </p>	<p>23</p> <p>9:00 Morning News & Coffee </p> <p>10:00 Arm Exercise </p> <p>11:00 Lunch Outing: Chili's</p> <p>2:00 Dime Bingo</p> <p>3:00 Manicures & Music</p>	<p>24</p> <p>Residents' Council Meeting</p> <p>9:00 Coffee Social & Joke of the Day </p> <p>10:00 Bible Study</p> <p>10:30 Wii Sports</p> <p>1:00 Dime Bingo</p> <p>1:30 Catholic Communion </p> <p>2:30 Chef's Chat/ Resident Council</p> <p>3:00 Noodle Exercise </p>	<p>25</p> <p>Women Health & Fitness Day</p> <p>9:00 Gardening with Emily</p> <p>10:00 Summer Indoor Walking Group</p> <p>10:30 Dime Bingo</p> <p>1:30 Boogie with Bakersfield Community Healthcare </p> <p>2:30 Book Club (Bring Your Own Book) </p> <p>3:00 Mexican Train Club </p>	<p>26</p> <p>Deaf Awareness Week</p> <p>9:00 Women Coffee Social </p> <p>10:00 Chair Yoga & Meditation </p> <p>10:30 Learning Basic Sign Language </p> <p>11:00 Silent Movie Clips </p> <p>1:00 Wine Tasting </p> <p>2:00 Reminiscing Questions </p> <p>3:00 Table Games </p>	<p>27</p> <p>Monthly Birthday Party</p> <p>9:00 Morning Hello and Coffee </p> <p>10:00 Move & Groove </p> <p>1:00 Dime Bingo</p> <p>2:00 Celebrating September Birthdays with Around The Clock </p> <p>2:30 Performance by: Jim Robinson </p> <p>3:30 Brain Teaser Worksheets & Music</p>	<p>28</p> <p>Pet Therapy 10:30am - 11:30am (In Memory Care)</p> <p>10:00 Stretch & Breathe Exercise </p> <p>11:00 Listen To Music or Read In The Library </p> <p>1:30 Dime BINGO</p> <p>2:30 Manicure & Music</p> <p>3:00 Mexican Train </p>
<p>29</p> <p>10:00 Chair Yoga </p> <p>10:30 Fellowship with Wilma</p> <p>11:00 Valley Baptist Church LIVE STREAM </p> <p>1:30 Movie & Popcorn: Residents' Choice </p> <p>3:00 Table Games </p>	<p>30</p> <p>9:00 Morning News & Coffee </p> <p>10:00 Arm Exercise </p> <p>10:30 Scenic Drive and Milkshakes</p> <p>2:00 Dime Bingo</p> <p>3:00 Manicures & Music</p>	<p>Happy Birthday to the Following Residents!</p> <ul style="list-style-type: none"> Betty J. - Sept 2nd Jim R. - Sept 6th Charles S. - Sept 6th Rose H. Sept 7th Donald P. - Sept 29th Pancho S. - Sept 30th 			<p>Community NALW Spirit Week:</p> <ul style="list-style-type: none"> 9/9- Disney's "Inside Out" Day 9/10 - Anime Day 9/11- Senior Citizen Day 9/12- Western Day "Dress Western" 9/13- Doug Day: Dress Like the Boss <p>Refreshments will be served daily during NALW @ 2:30pm in the dining room.</p>	<p>License #157208915</p> <p>All Events Are Subject to Change</p>