

## April 2024

Religious Programs
Happy Hr/ Special Occasions
Bingo Fun
IN THEATER ROOM
Arts & Crafts

Daily Exercise
Social Time/ Discussion Group
Games (Table/ Physical)
Cooking Class
Self Care

Virtual Online/ Trivia
Outings
RL = Resident Led
LIBRARY
Dining Room

AT SAN LAUREN  by Blue Mountai	N			IN THEATER ROOM Arts & Crafts	Cooking Class Self Care	■ LIBRARY ■ Dining Room
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DO MORE  of what  MAKES  YOU  HAPPY	9:00 Morning News & Coffee  10:00 Arm Exercise  11:00 Scenic Drive: Wildflowers  2:00 Dime Bingo 3:00 Beauty Shop	9:00 Coffee Social & Joke of the Day ■  10:00 Bible Study with Pastor Anthony  1:00 Trivia Tuesday  1:30 Catholic Communion ■  2:00 Bean Bag Twister  3:00 Noodle Exercise	National Walking Day  9:00 Morning News & Coffee  10:00 Morning Walking Group 10:30 Dime Bingo 2:30 Rummikub Club 3:00 Library Visit	National Burrito Day  9:00 Morning News & Coffee  10:00 Chair Yoga & Meditation  10:30 Dime Bingo  1:30 Tasty Creation: Burritos  2:30 Activity Planning  Meeting for May  3:00 Netflix Series: Heartland	9:00 Morning Hello and Coffee  10:00 Noodle Stretches  10:30 Wii Bowling  1:00 Dime Bingo  2:00 Meet & Greet: Ice Cream  Social  3:00 Brain Teaser Worksheets  & Music	Pet Therapy 10:30am -11:30am 6 (in Memory Care) 10:00 Stretch & Breathe Exercise 4 11:00 Listen To Music or Read In The Library 1:30 Dime BINGO 2:30 Manicure & Music 3:00 Mexican Train 4
10:00 Chair Yoga ♥ 11:00 Valley Baptist Church LIVE STREAM   1:30 Movie & Popcorn: Residents' Choice 3:00 Table Games ♥	9:00 Morning News & Coffee  10:00 Arm Exercise  11:00 Shopping Outing: WALMART 2:00 Dime Bingo 3:00 Beauty Shop	9 9:00 Coffee Social & Joke of the Day ■  10:00 Bible Study with Pastor Anthony  1:00 Trivia Tuesday  1:30 Catholic Communion ■  2:00 Ladder Toss + Yard Darts  3:00 Noodle Exercise	9:00 Morning News & Coffee  10:00 Morning Walking Group 10:30 Dime Bingo 1:30 Pictionary 2:30 Rummikub Club 3:00 Library Visit	9:00 Morning News & Coffee 10:00 Chair Yoga & Meditation 10:30 Dime Bingo 1:30 Craft: Scrapbooking Ideas 2:30 Learning: Left, Right Center 3:00 Netflix Series: Heartland	Monthly Birthday Party 12 9:00 Morning Hello and Coffee 10:00 Noodle Stretches 10:30 Baking Club 1:00 Dime Bingo 2:30 Celebrating April Birthdays 3:00 Performance by Steve	Exercise U  11:00 Listen To Music or Read In The Library I  1:30 Dime BINGO 2:30 Manicure & Music 3:00 Mexican Train U
14 10:00 Chair Yoga ♥ 11:00 Valley Baptist Church LIVE STREAM ■ 1:30 Movie & Popcorn: Residents' Choice 3:00 Table Games ♥	9:00 Morning News & Coffee  10:00 Arm Exercise  11:00 Lunch Outing: Red Lobster 2:00 Dime Bingo 3:00 Beauty Shop	9:00 Coffee Social & Joke of the Day 10:00 Bible Study with Pastor Anthony 1:00 Trivia Tuesday 1:30 Catholic Communion 2:00 Learning: ASL Videos 3:00 Noodle Exercise	Educational Seminar 17 9:00 Morning News & Coffee  10:00 Morning Walking Group 10:30 Dime Bingo 1:00 Higher Lower Game + UNO 2:30 Educational Seminar: Injury Prevention with Hoffmann Hospice 3:00 Library Visit	9:00 Morning News & Coffee 10:00 Chair Yoga & Meditation 10:30 Dime Bingo 1:30 Craft: Flower Hats 2:30 Learning: ASL Videos 3:00 Netflix Series: Heartland	The Palms 5th Anniversary 9:00 Morning Hello and Coffee 10:00 Noodle Stretches 12:00 5th Anniversary Luncheon 12:30 Performance by: "The Flying Morenos" 1:30 Petting Zoo "Parking Lot" 3:00 Brain Teaser Worksheets & Music	Pet Therapy 10:30am - 11:30am 20 (in Memory Care) 10:00 Stretch & Breathe Exercise ♥ 11:00 Listen To Music or Read In The Library ■ 1:30 Dime BINGO 2:30 Manicure & Music 3:00 Mexican Train ♥
10:00 Chair Yoga U  11:00 Valley Baptist Church LIVE STREAM   1:30 Movie & Popcorn: Residents' Choice  3:00 Table Games U	9:00 Morning News & Coffee 10:00 Arm Exercise 10:30 Dime Bingo 1:30 Jelly Bean Games 2:30 Virtual Tour: Jelly Bean Factory	9:00 Coffee Social & Joke of the Day  10:00 Bible Study with Pastor Anthony  1:00 Trivia Tuesday  1:30 Catholic Communion  2:00 Golf Putting  3:00 Noodle Exercise	9:00 Morning News & Coffee  10:00 Morning Walking Group 10:30 Dime Bingo 1:30 Reminiscing Questions 2:30 Rummikub Club 3:00 Library Visit	9:00 Morning News & Coffee 10:00 Chair Yoga & Meditation 10:30 Dime Bingo 1:30 Guess The Word 2:30 Learning: Left, Right Center 3:00 Netflix Series: Heartland		Craft Vendor Sale 8-1pm 27 10:00 Stretch & Breathe Exercise ♥ 11:00 Listen To Music or Read In The Library ■ 1:30 Dime BINGO 2:30 Manicure & Music 3:00 Mexican Train ♥
10:00 Chair Yoga ♥ 11:00 Valley Baptist Church LIVE STREAM ■ 1:30 Movie & Popcorn: Residents' Choice 3:00 Table Games ♥	9:00 Morning News & Coffee 10:00 Arm Exercise 11:00 Outing: Park Picnic Lunch 2:00 Dime Bingo 3:00 Beauty Shop	Resident Council Meeting 30 9:00 Coffee Social & Joke of the Day  10:00 Bible Study with Pastor Anthony 1:00 Dime Bingo 1:30 Catholic Communion 2:30 Chefs Chat/ Resident Council 3:00 Noodle Exercise	Happy Birthday to the Following Residents:  Linda H April 1st William P April 5th Dawn M April 5th Sue L April 10th Betty T April 13th Gloria - April 15th Drew Lynn S April 19th		All Events Are Subject to Change	