

## March 2024

Religious Programs
Daily Exercise
Virtual Online/ Trivia

Happy Hr/ Special Occasions
Bingo Fun
Games (Table/ Physical)
UN THEATER ROOM
Cooking Class
LIBRARY
Arts & Crafts
Self Care
Dining Room

AT SAN LAUREN by Blue Mountain				Arts & Crafts	Self Care	■ Dining Room
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hello March	Happy Birthday to the Following Residents:  Sharon W 3/12 Donna R 3/15 Anthony B 3/24 Shirley S 3/24 Jean J 3/26		All Events Are Subject to Change		9:00 Morning Hello and Coffee  10:00 Noodle Stretches  10:30 Tasty Creation: Healthy Snack  1:00 Dime Bingo  2:00 Decorating Dining Room  2:30 Learning: Left, Right Center  3:00 Brain Teaser Worksheets  & Music	Music Performance 2  10:00 Stockdale Christian Piano Students  11:00 Listen To Music or Read In The Library  1:30 Dime BINGO 2:30 Manicure & Music 3:00 Mexican Train  2
10:00 Chair Yoga ♥ 11:00 Valley Baptist Church LIVE STREAM ■ 1:00 Craft: Jewelry Box 2:00 Movie & Popcorn: Residents' Choice 3:00 Table Games ♥	9:00 Morning News & Coffee  10:00 Arm Exercise  11:00 Shopping Outing: WALMART  2:00 Dime Bingo 3:00 Beauty Shop	9:00 Coffee Social & Joke of the Day  10:00 Bible Study with Pastor	Veteran Family Band 6 9:00 Morning News & Coffee 10:00 Hand and Leg Exercises 10:30 Dime Bingo 11:30 Baking Club 2:00 Celebrating March Birthdays 2:30 Performance by the Family Veteran Band	Coffee 10:00 Chair Yoga & Meditation 10:30 Dime Bingo 1:30 Activity Planning Meeting for April 2:30 Lucky 7 Dice Game 3:00 Word Searches & Music	9:00 Morning Hello and Coffee  10:00 Noodle Stretches 10:30 Dime Bingo 1:30 St. Patrick Craft 2:30 Happy Hour: Sip & Chat 3:00 Brain Teaser Worksheets & Music	Music Performance 9 10:00 Stretch & Breathe Exercise ♥ 11:00 Listen To Music or Read In The Library ■ 1:00 Valley Baptist Singing Group 2:00 Dime Bingo 3:00 Mexican Train ♥
10:00 Chair Yoga ♥ 11:00 Valley Baptist Church LIVE STREAM ■ 1:30 Movie & Popcorn: Residents' Choice 3:00 Table Games ♥	9:00 Morning News & Coffee  10:00 Arm Exercise  10:30 Outing: EAGLE MOUNTAIN CASINO 2:00 Dime Bingo 3:00 Beauty Shop	9:00 Coffee Social & Joke of the Day  10:00 Bible Study with Pastor Anthony  1:00 Higher Lower Game + UNO  1:30 Catholic Communion  2:00 Tasty Creation: Healthy Snack  3:00 Noodle Exercise	9:00 Morning News & Coffee  10:00 Hand and Leg Exercises 10:30 Dime Bingo 1:30 Bean Bag Twister 2:30 Mexican Train Club 3:00 Fun With Words Trivia	9:00 Morning Hello and Coffee ■	Passport Event "Ireland" Wear 15 Green!  9:00	16 10:00 Stretch & Breathe Exercise ♥ 11:00 Listen To Music or Read In The Library ■ 1:30 Dime BINGO 2:30 Manicure & Music 3:00 Mexican Train ♥
17 10:00 Chair Yoga ♥ 11:00 Valley Baptist Church LIVE STREAM ■ 1:30 Movie & Popcorn: Residents' Choice 3:00 Table Games ♥	9:00 Morning News & Coffee  10:00 Arm Exercise  11:00 Outing: FIVE BELOW & COCONUT JOE'S  2:00 Dime Bingo 3:00 Beauty Shop	9:00 Coffee Social & Joke of the Day  10:00 Bible Study with Pastor Anthony  1:00 Rummikub Club  1:30 Catholic Communion  2:00 Learning: ASL Videos  3:00 Noodle Exercise	9:00 Morning News & Coffee  10:00 Hand and Leg Exercises  10:30 Dime Bingo  1:30 Crafts: Easter Door Hanger  2:30 Mexican Train Club  3:00 Fun With Words Trivia		\$1 Bingo Night 6:30-7:30pm 22 9:00	Pet Therapy 10:30-11:30 MC 23 10:00 Stretch & Breathe Exercise   11:00 Listen To Music or Read In The Library  1:30 Dime BINGO 2:30 Manicure & Music 3:00 Mexican Train
10:00 Chair Yoga & 11:00 Valley Baptist Church LIVE STREAM Mark 1:30 Movie & Popcorn: Residents' Choice 3:00 Table Games &  Easter Sunday 10:00 Chair Yoga & 11:00 Valley Baptist Church LIVE STREAM Mark 1:30 Easter Egg Hunt 2:30 Movie & Popcorn: Residents' Choice	9:00 Morning News & Coffee  10:00 Arm Exercise  11:00 Lunch Outing: "Kern River Golf Course"  2:00 Dime Bingo 3:00 Beauty Shop	Resident Council Meeting 26  9:00 Coffee Social & Joke of the Day  10:00 Bible Study with Pastor Anthony  1:00 Rummikub Club  1:30 Catholic Communion  2:30 Chefs Chat/ Resident Council  3:00 Noodle Exercise	9:00 Morning News & Coffee  10:00 Hand and Leg Exercises  10:30 Dime Bingo  1:30 Making Easter Goodie  Bags  2:30 Mexican Train Club  3:00 Fun With Words Trivia		9:00 Morning Hello and Coffee  10:00 Noodle Stretches  12:00 Easter Luncheon  12:30 Performance by: Steve  Woods  2:00 Learning: Left, Right Center  3:00 Brain Teaser Worksheets  & Music	10:00 Stretch & Breathe Exercise ♥ 11:00 Listen To Music or Read In The Library ■ 1:30 Dime BINGO 2:30 Manicure & Music 3:00 Mexican Train ♥