



5300 Hageman Road • Bakersfield, CA 93308 • (661) 218-8330



### MANAGEMENT TEAM

Douglas G. Rice	Executive Director
Emily Conrad	Resident Care Coordinator
Tiffany Subriar	Director of Resident Development
	Outreach Director
Christina Pallares	Dining Service Director
Emmalin Cisneros	Activity Director (AL)
Sam Sanchez	Activity Director (MC)
Sonia Ortega	Medical Records
Jairo Duenas	Maintenance Director

### OFFICE HOURS

MON-FRI 7:30am-5:00pm

SAT-SUN 8:30am-5:00pm

#### After Hours Assistance:

Please call the numbers listed below and a staff member will assist you:

661-477-1241 Assisted Living

661-477-1073 Memory Care

## September 2023

### September Hellos

As we say goodbye to the heat of summer and welcome the cool breeze of fall, we are excited to share some of the amazing activities and events we have planned for our residents this September. From engaging social events, to fun but simple activities, there's something for everyone to enjoy. We understand that our residents are looking for ways to stay active and engaged, and we're here to help make that happen.

We're also thrilled to welcome new residents to our community this month. We know that moving to a new home can be a difficult transition, but we're here to support our residents every step of the way. We're committed to creating a welcoming and inclusive community where everyone feels comfortable and valued.

Thank you for choosing our community as your home. We're excited to continue providing you with top-notch care and services. Stay tuned for more updates and events coming your way this September!





### Welcome Home!

We are happy to welcome our newest friends:

- James F.
- Betty T.
- Jean J.

*Meet & Greet Happy Hour,  
September 1st at 2:30pm  
Location: AL Activity Room*

### Upcoming Events

- 9/1 - Happy Hour: Residents Meet & Greet
- 9/7 - NFL Opening Game Party
- 9/8 - Celebration: September Birthdays
- 9/10 - Grandparents Photo Shoot
- 9/11-9/15: Celebrating Assisted Living Week
- 9/15 - \$1 Bingo Night
- 9/16 - Cookie Decorating Event
- 9/26 - Resident Council & Chef's Chat
- 9/29 - Community Passport Event: "Texas"

### Community Cookie Decorating Event

Join us for a sweet evening of icing, sprinkles, and endless creativity with Sweet Miss Bake Shop. Don't miss out on the chance to create edible masterpieces **September 16th, 6-8pm, \$45 per person, RSVP Required: Call 661-472-4675.**

### Grandparents Day

Grandparents Day is such a special day! It's a time to celebrate and honor the amazing grandparents in our lives. They have so much wisdom and love to share, and Grandparents Day is a time to make them feel special and appreciated. It's a day to reflect on all of the wonderful memories we have with them and to create new ones that we will treasure forever. With that being said, we're excited to announce that we'll be hosting a photo shoot for friends, families, and staff to celebrate Grandparents Day! This is a wonderful opportunity to capture memories with your loved ones and create lasting keepsakes. We'll have a photographer on site to take beautiful photos, and we'll provide backdrops to make your photos even more special!

**Join us Sunday, September 10th, from 1-3pm in the Front Lobby. Pictures will be taken and sent out via e-mail. Light refreshments will be provided; to RSVP, call 661-218-8330.**



### Celebrating Assisted Living Week

It's going to be a week full of fun and laughter, and we can't wait to spend it with our amazing residents and staff. We have a lot of exciting activities planned like a scavenger hunt, anything but a purse day, and, of course, we'll also have plenty of delicious food and goodies for you to enjoy. We're looking forward to creating new memories together and making this year's Assisted Living Week the best one yet! Thank you for being a part of our community and making it such a special place!

- **Monday, 9/11: Band T-Shirt Day:** Wear your favorite artist.
- **Tuesday, 9/12: Disney Character Day:** Dress up as your favorite Disney Character.
- **Wednesday, 9/13: PINK:** Dress in pink and wear anything but a purse!
- **Thursday, 9/14: Camo Day:** Wear your favorite camo outfit.
- **Friday, 9/15: Nerd/Jock Day:** Dress up as a nerd or wear your Sports jersey.





### Remembering 9/11

This year is the 22nd anniversary of the September 11, 2001, terrorist attacks. On this day, we remember the victims of 9/11 and honor the bravery and sacrifice of the first responders who risked their lives to save others. As we reflect on the events of 9/11, let us remember that we are stronger together. Let us honor the memory of those we lost by continuing to come together in crisis and by standing together. A moment of silence will be held on Monday, 9/11, at 12pm in the main dining room.



### Donation for Candy

Trick or Treat! Halloween is coming up fast!

We are reaching out to everyone in hopes we could get candies or other goodie donations to give out to the children for our

**Halloween Block Party, October 27th. Save the date!**

Please drop off any donations at the front desk or visit Activity Directors, Emily or Sam. Any questions? Call 661-218-8330.

### Football Is Back!

Join the Football Fun!

Are you a fan of Football?

Join our Football Socials and meet other fans like you! We will be doing our part to keep you updated on Sunday, Monday and Thursday games. Make sure to look at the activity calendar and flyers around the community for dates and times.

**NFL Opening Game Party**

**Lions vs Chiefs**

**Sept. 7th at 5pm**

**Theater Room**



## Out & About

### AL Monday Outings at 11am

- 9/4- Shopping: F&M Fabric
- 9/11- Shopping: Hobby Lobby & Coconut Joe's
- 9/18- Shopping: Below Five
- 9/25- Shopping: Walmart

### Memory Care Friday Outings at 10am

- 9/1 Lunch Bunch
- 9/8 River Walk
- 9/15 Sonic Shakes Run
- 9/22 Donut and a Drive

### Monthly Fun Facts

- September is the month when many fruits and vegetables are in season.
- In Japan, September is known as "tsukimi" or "moon viewing-month" because it is a popular time to view the full moon.
- September is the only month with the same number of letters in its name as the number of the month (nine letters in the ninth month)!

### 1, 2, 3—Cheese!



Big thanks to Marley's Pups for visiting!



Activity Directors, Emily and Sam



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