



5300 Hageman Road • Bakersfield, CA 93308 • (661) 218-8330



MANAGEMENT TEAM

Douglas G. Rice	Executive Director
Emily Conrad	Resident Care Coordinator
Mike Duran	Director of Resident Development
Maria Godoy	Dining Service Director
Emmalin Cisneros	Activity Director (AL)
Ericka Aguirre	Activity Director (MC)
Sonia Ortega	Medical Records
LICENSE	#157208915

OFFICE HOURS

MON-FRI 7:30am-5:00pm

SAT-SUN 8:30am-5:00pm

After Hours Assistance:

Please call:

661-477-1241 Assisted Living

661-477-1073 Memory Care

and a staff member will assist you.

"Everyone Smiles in the same Language"

-George Carlin



October 2021



Hello all, I hope that you had a an adventurous summer. I can say The Palms had an enjoyable summer. We were able to beat the heat, and keep our residents busy. From our happy hour every Friday to our Bingo Night, we had a busy summer.

As the seasons change and the weather becomes cooler, may we remember we are still fighting against a deadly virus.

We still want to encourage you to visit your loved ones, but a few rules have changed. We now will be asking for those entering our community to show proof of vaccination. For those that are unvaccinated, we will need proof of a negative test result within the last 72 hours. If you do not have either of these items, visitation can be conducted outside.

May you and your family continue to be safe. We will always strive to keep your loved one happy and healthy. - -Doug Rice

Upcoming Special Events

- Assisted Living Outings every Monday, 11am
- Memory Care Outings every Friday, 1pm
- 10/1 Veterans Breakfast 8am
- 10/4 Spooky Door

Decoration

- 10/18 Pumpkin Patch Outing
- 10/22 Painting/ Carving Pumpkins Happy Hr. 2:30pm
- 10/29 Halloween Bash
- 10/29 Trunk A Treat 5:30pm

Flyers will be posted in front of AL activity room for more details on Special events.

Welcome to the Palms

We would like to say welcome home to our new friends.

William P.
Clara P.
James R.
Vera M.

Looking for a Resident Council President

If interested in becoming The Palms at San Lauren's next resident council president, contact Emily AL Activity Director for more information.

IMPORTANT

Remember to always wear your mask properly, wash your hands and social distance when out of your apartment and in the activity room.



HALLOWEEN FUN

We finally made it to fall! The weather will start changing and the daylight will get shorter. Football is back in full force, and our warm sweaters are being pulled out. What a great time of year.

We had a busy summer and we hope to have a busier fall. Our community is enjoying watching football on our big screen every chance we get. It's nice to hear the banter of residents when cheering for their favorite team.

This October we are excited to celebrate all that fall has to offer. Halloween is a fun time not only for children. We will be painting pumpkins on October the 22nd, in time to display them for the big night.

We are also planning a trunk or treat day. On October the 29th, our residents will be handing out candy for our lil ghosts and goblins. We will also be voting for the best costume for a cash prize. Please join us at 6:00 p.m. If you have any questions, please call Directors Ericka or Emily at 661-218-8330.

The Palms would like to plan a movie night under the stars. We will keep you updated for further details. If you have any ideas for future events, please feel free to call. We are always looking for new ideas.

May you and your family enjoy this season and have a safe Halloween.

ALZHEIMER'S WALK

The Palms at San Lauren every year joins in the fight against Alzheimer's. We think it's important to find a cure for this terrible disease. We as a community suit up in our purple gear, and pump ourselves to walk for a cure.

This walk means so much to so many people. Those that are living and those that have passed from this disease are the reason we walk. Most importantly we walk for the first survivor.

The day of the walk is a touching day. Many things to do and see. This year we are super excited because we will be able to go to the park and participate. Due to COVID last year it wasn't possible. We are crossing our fingers that circumstances don't change.

This year's walk will be on October 16th. Opening ceremony will begin 8:00 a.m. and walk will start immediately after.

We are looking forward to the day that we can look back on our efforts and say "Remember when we walked for our first survivor?" That will be a great day, but until then we will continue to walk.



Pumpkin Patch



It's that time of year again, pumpkin spice is in the air. Halloween decorations are everywhere and children are excited about the big night. Every year the thought of picking out the perfect pumpkin is on everyone's mind, whether you buy at a grocery store or head out to the pumpkin patch.

This year The Palms is planning a trip to Banducci's Family Pumpkin Patch. We will

pack a lunch and gear up to find our perfect pumpkin. This year's trip will be on October the 18th. If you are interested in going, please feel free to contact Directors Ericka or Emily at 661-218-8330.

Happy Halloween.

Halloween Fun for Staff

Halloween is a time for fun. We would like to have a little fun for our staff. We will be hiding pumpkins around our community for a week, the one who finds the most will win a gift card to a local coffee house or eatery. The Palms believes work can always be fun. Happy Hunting.

Visitation Protocol

Notice: Effective September 9, 2021 per Licensing, all visitors over 12yrs old must show proof of being fully vaccinated (at least 2 weeks from final dose) or show proof of a negative COVID test (taken 72 hours prior to visit) in order to visit your loved one inside our community. The Palms at San Lauren is 100% committed to the safety and well being of your loved one.

We understand that this can be inconvenient for some, we ask for patience and understanding as we continue to navigate the ever-changing recommendations. Should you have any questions, please do not hesitate to contact us.

With Sympathy

Our Heartfelt condolences go out to the family and friends of **Earlene D.**

Isabel A.

We will miss our dear friends very much here at The Palms at San Lauren.



Our Yummy Outings



Best of Luck on Your New Adventure, Pat



Employee of the Month Carina H.





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