



5300 Hageman Road • Bakersfield, CA 93308 • (661) 218-8330

May 2021

**Administrator's Message**

Hello to all,

I hope you all enjoyed spring break, and had a wonderful Easter. Last month was a busy one at The Palms. We celebrated Easter with a relaxing luncheon, and all the Easter fixings! Our Chili Cook-Off was a huge success! We also celebrated our 2nd year anniversary, which will hold nothing but good memories for myself, residents, and staff!

We have recently opened up our community for visiting! With that being said, there are rules we must uphold. All family members will have to make an appointment to see their loved ones and check themselves in at the front desk upon arrival. Temperatures will be taken and a badge will be made for you to wear while you visit. Masks are required during the duration of your visit. All visits will be conducted in the resident's room, or in our visitation room, if reservations are made.

We are excited we are able to offer this to you and your loved one. We will always strive to keep you and your family member connected.

The Palms would like to thank you for understanding throughout this difficult time. We will continue to offer the best care and support for you and your loved one.

*Executive Administrator, Doug Rice*



**MANAGEMENT TEAM**

- Douglas G. Rice Executive Director
- Ann Hauser Assistant Administrator
- Emily Conrad Resident Care Coordinator
- Alysia Beene Marketing Director
- Theresa Hernandez Dining Service Director
- Emmalin Cisneros Activity Director (AL)
- Ericka Aguirre Activity Director (MC)
- Sonia Ortega Medical Records
- Tim Soe Maintenance Director
- LICENSE #157208915

**OFFICE HOURS**

MON-FRI 7:30am-5:00pm

SAT-SUN 8:30am-5:00pm

**After Hours Assistance:**

Please call:

661-477-1241 Assisted Living

661-477-1073 Memory Care

and a staff member will assist you.

**Positive Thought**

**"One of the most important things you can accomplish is just being yourself."**

*—Dwayne Johnson*





What do you think of when you think of “mothers”? I think of my own mother and what she has meant to me. When I think of her all I can think of is Love. A mother does all that she can out of those 4 letters, “L-O-V-E.” She is selfless, hardworking and at times strict, but only because she was given this role out of love. She wears many hats every day and is happy to put them on even when the day seems to never end.

I asked some of our residents “What was most important about being a woman?” Every single one of them replied “Family.” It wasn’t money or material items, it was family. As a mother of 3, and younger than the residents that were asked the question, I believe the same! Family is what a mother holds on to for the rest of her days on this earth. No matter how old you are, she will continue to worry and pray for you. Knowing that her children are happy and healthy are a mother’s answered prayers.

So The Palms would like to wish all Mothers a Happy Mother’s Day. We will be celebrating on May 7th with a luncheon to honor all of our mothers here at The Palms At San Lauren.

## ★★★ Memorial Day ★★★

Memorial Day commemorates the men and women who died while serving in the military for our country. We reflect and honor those who did not make it back home to their loved ones after war but, instead, made the ultimate sacrifice for our country.

We at The Palms always honor our heroes, not only today, but throughout the year. We participate in Veterans’ Breakfast and Honor Flight. We believe that without these brave men and women, we wouldn’t have the greatest country in the world.

On May 28th, we have live entertainment and a hearty BBQ lunch to honor all of our brave Palms Veterans and the lives that were lost to protect our country. The Palms would like to thank all of our heroes for their service.



## Welcome Home!

The Palms of San Lauren would like to welcome **Sue L. Georgene R. and Lou & Loretta B.** to our lovely community. We look forward to getting to know you as you join in all of our fun activities and special events.

## Keeping Our Community Safe

It takes everyone to do their part and keep our community healthy and safe. Remember to follow our community infection control plan.

- \*Wash your hands often;
- \*Wear a fitting face mask, covering your nose and mouth, when in common areas and during activity groups;
- \*Social distance staying 6ft apart;
- \*Sit in your assigned seat in the activity room and in the dining room for meals.

## Got Activity or Scenic Drive Ideas??

Let our Activity Directors, Emily or Ericka, know if you have any good activity “ideas”! Send your ideas to:

[emily@thepalmsatsanlauren.com](mailto:emily@thepalmsatsanlauren.com)

or

[ericka@thepalmsatsanlauren.com](mailto:ericka@thepalmsatsanlauren.com)

or call us at 661-218-8330

## Find The Palms at San Lauren on Social Media





With Cinco de Mayo around the corner, The Palms can't wait to celebrate Happy Hour in style. We will be featuring Becca, as she plans to sing a few popular Spanish songs, while we snack on yummy traditional dishes.

Enchilada casserole, chips, guacamole, salsa, horchata, and margaritas, all made by yours truly, Emily and Ericka, will be served. Don't forget to dress for the occasion!

*Wednesday, May 5, 2021  
at 2:30pm*

*Front Entrance and Lobby Area.*

## New Normal

Life as we know it has changed, but we all are adapting and assuming this new way of life will be the "New Normal". Wearing masks not only protects you, but those around you. Taking our temperatures just about everywhere you go, social distancing, and washing our hands more than usual is something we all must do to not only keep ourselves and our families healthy, but to keep our community safe.

We all must do our part to stay on top of this deadly disease.

**May you and your families stay happy and healthy.**

## Upcoming Special Events and Activities

- AL Scenic Drives every Monday, 11am
- MC Scenic Drives every Friday, 1pm
- The Palms Happy Hour, every Friday, 2:30pm
- 5/5 Cinco de Mayo Fiesta, 2:30pm
- 5/7 Mother's Day Luncheon, 12pm
- 5/25 Residents' Council Meeting, 2:30pm
- 5/28 Memorial Day BBQ, 12pm

Special Events' flyers will be posted in the AL Activity Room and Dining Room with more details.

## Welcome Back Mail Service

The Palms is happy to announce we have returned back to our normal mail service. Our mailman is now able to enter our community and deliver mail to your mailboxes, which means we will no longer be delivering the mail to your rooms. It will now be in your mailbox every day!

Those of you who have misplaced the key to your mailbox, please let the Maintenance Director, Tim Soe, know. He will gladly have another key made for you.

**We are getting back to normal one day at a time.**

## Hawaiian Virtual Vacation



## Easter Fun



## Staff Easter Egg Hunt Winners



**Always a Good Time at the Palms at San Lauren!**



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