


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	**TENTATIVE ACTIVITIES HOPEFULLY THINGS WILL CHANGE** LICENSE #157208915	1 9:30 Let's Talk 10:00 Morning Sittercise Stretches 10:30 Dining Room Table Centerpieces 1:30 Nickel BINGO 2:30 Social Hr. with Music	2 9:30 Morning Social 10:00 Chair Yoga 10:30 Fun Fact Trivia Class 1:30 PRIZE BINGO 2:30 Beauty Shop/ Manicures 3:30 Comedy HR Funny Videos On YouTube	3 9:00 ■ Online Zoom Bible Studies 10:00 Chair Yoga 10:30 ■ Scenic Drives 1:30 Nickel BINGO 2:30 Tasty Treats Cooking Class	4 8:00 ■ VETERAN SOCIAL 9:30 Morning Social 10:00 Chair Yoga 2:30 ■ The Palms Happy Hr. w/Sing For Your Senior Group via Zoom	5 10:00 ■ Chair Yoga 📖 10:30 RL Nickel Bingo 1:30 RL Puzzle Social 2:30 Resident Choice
6 10:00 Chair Yoga 11:00 ■ Valley Baptist Church LIVE STREAM 1:30 Nickel BINGO 2:30 RL Movie/ Popcorn	7 9:30 Morning Social 10:00 HAS Fit Sittercise 10:30 ■ Scenic Drives 1:30 Nickel BINGO \$ 2:30 Movie and Popcorn	8 9:30 Let's Talk 10:00 Morning Sittercise Stretches 10:30 Louvre Museum Paris, 4k Virtual Tour 1:30 Nickel BINGO 2:30 My Life Story Wedding Day	9 9:30 Morning Social 10:00 Chair Yoga 10:30 Fun Fact Trivia Class 1:30 PRIZE BINGO 2:30 Beauty Shop/ Manicures	10 9:00 ■ Online Zoom Bible Studies 10:00 Chair Yoga 10:30 ■ Scenic Drives 1:30 Nickel BINGO 2:30 Let's Get Crafty	11 MOMENT OF SILENCE @12pm REMEMBERING 9/11 9:30 Morning Social 10:00 Chair Yoga 10:30 Morning Music Social with Lilly Darr Jazz Singer ★ 1:00 Nickel BINGO 3:00 Hallway Surprise 5:30 ■ GRANDPARENTS DAY PARADE AND ICE CREAM PARTY	12 10:00 ■ Chair Yoga 📖 10:30 RL Nickel Bingo 1:30 RL Puzzle Social 2:30 Resident Choice
13 NATIONAL ASSISTED LIVING WEEK 10:00 Chair Yoga 11:00 ■ Valley Baptist Church LIVE STREAM 1:30 Nickel BINGO 2:30 RL Movie/ Popcorn	14 PATRIOTIC DAY 8:30 ■ Patriotic Music with Michael and Donuts Coffee Social ★ 9:30 Morning Social 10:00 HAS Fit Sittercise 10:30 ■ Scenic Drives 1:30 Nickel BINGO \$ 2:30 Patriotic Movie and Popcorn	15 SPORTS/ JERSEY DAY 9:30 Let's Talk 10:00 Morning Sittercise Stretches 10:30 Art Walk Around The Community 1:30 Nickel BINGO 2:30 My Life Story Reminiscing High School Days	16 FIESTA DAY 9:30 Morning Social 10:00 Chair Yoga 10:30 Fun Fact Trivia Class 1:30 ■ LOTERIA "SPANISH BINGO" with Salsa Chips and Mocktails 2:30 Beauty Shop/ Manicures	17 WESTERN DAY 9:00 ■ Online Zoom Bible Studies 10:00 Chair Yoga 10:30 ■ Scenic Drives 1:30 Nickel BINGO 2:30 WESTERN MOVIE/ POPCORN	18 CARNIVAL THEME 9:30 Morning Social 10:00 Chair Yoga 10:30 Morning Music Social with John P. ★ 1:00 Nickel BINGO 2:30 ■ CARNIVAL AT THE PALMS FUN GAMES AND YUMMY FOOD ★	19 10:00 ■ Chair Yoga 📖 10:30 RL Nickel Bingo 1:30 RL Puzzle Social 2:30 Resident Choice
20 10:00 Chair Yoga 11:00 ■ Valley Baptist Church LIVE STREAM 1:30 Nickel BINGO 2:30 RL Movie/ Popcorn	21 9:30 Morning Social 10:00 HAS Fit Sittercise 10:30 ■ Scenic Drives 1:30 Nickel BINGO \$ 2:30 Movie and Popcorn	22 CENTENARIAN DAY 9:30 Let's Talk 10:00 Morning Sittercise Stretches 10:30 Staying Connected With Family Day! 1:30 Nickel BINGO 2:30 Creative Art	23 9:30 Morning Social 10:00 Chair Yoga 10:30 Fun Fact Trivia Class 1:30 PRIZE BINGO 2:00 ■ The Palms MEN'S CLUB Western Movie	24 9:00 ■ Online Zoom Bible Studies 10:00 Chair Yoga 10:30 ■ Scenic Drives 1:30 Nickel BINGO 2:30 ■ Sip and Paint Party	25 9:30 Morning Social 10:00 Chair Yoga 10:30 Morning Music Social with Joe Cornado ★ 1:00 Nickel BINGO 2:30 Celebrating September Birthdays!	26 10:00 ■ Chair Yoga 📖 10:30 RL Nickel Bingo 1:30 RL Puzzle Social 2:30 Resident Choice
27 10:00 Chair Yoga 11:00 ■ Valley Baptist Church LIVE STREAM 1:30 Nickel BINGO 2:30 RL Movie/ Popcorn	28 9:30 Morning Social 10:00 HAS Fit Sittercise 10:30 ■ Scenic Drives 1:30 Nickel BINGO \$ 2:30 Movie and Popcorn	29 9:30 Let's Talk 10:00 Morning Sittercise Stretches 10:30 Let's Get Crafty 1:30 Year of the Invention Trivia 2:30 ■ Chef's Chat/Resident Council Followed by NICKEL BINGO	30 9:30 Morning Social 10:00 Chair Yoga 10:30 Fun Fact Trivia Class 12:00 ■ INSIDE OUTING LUNCH 1:30 PRIZE BINGO 2:30 Beauty Shop/ Manicures	PLEASE REMEMBER Continue to wash your hands often, stay 6 ft. apart, cover your cough and 10 people per activity group.	HAPPY BIRTHDAY !!!! 9/17 DONALD G. 9/25 JERRY B. *HOLIDAY 9/13 GRANDPARENTS DAY!!!	