



5300 Hageman Road • Bakersfield, CA 93308 • (661) 218-8330

August 2020

### Message From Administrator



Hello, just a reminder to get your rest, eat healthy and stay hydrated. Wearing your mask and washing your hands is key to remaining healthy. We are all in this together and together we will get through this. We understand the concerns you have, but just know we are doing everything possible to keep our residents and staff safe. Building one another up goes along way during tough times.

-Doug Rice



### MANAGEMENT TEAM

Douglas G. Rice	Executive Director
Ericka Aguirre	Memory Care Coordinator
Alysia Beene	Marketing Director
Ann Hauser	Marketing Director
Theresa Hernandez	Dining Services Director
Ericka Aguirre	Activity Director (MC)
Emmalin Cisneros	Activity Director (AL)
Sonia Ortega	Medical Records
Timoteo Soe	Maintenance Director
License	#157208915

### OFFICE HOURS

MON-FRI 7:30 a.m.- 5:00 p.m.  
SAT-SUN 8:30 a.m. - 5:00 p.m.  
After-Hours Assistance: Please call  
661-477-2141  
A staff member can assist you.



## At the Beach

The combination of sand and surf creates scenic coastlines across the world. Relax, unwind and find out what makes some beaches fascinating and fantastic.

- Beaches became popular destinations during the 1700s. Doctors often prescribed a visit to the seashore to improve a person's health.
- Most beach sand is tan or white in color, but there are beaches with sand that's black, green, pink, purple and red.
- Brazil is home to the world's longest beach, Casino Beach, which stretches 150 miles long.
- You'll find the "shark tooth capital of the world" at Venice Beach in Florida. Every year, hundreds of fossilized teeth from prehistoric sharks wash ashore there.
- At 58 feet high, the world's tallest sandcastle was built on a German beach in 2019.
- Tides have turned California's Glass Beach from trash to treasure. Its shore is covered with polished pebbles of colorful sea glass, made from garbage tossed into the ocean long ago.

## Spiritual Corner

### ZOOM BIBLE STUDIES

The Palms At San Lauren is adapting to this new way of living. We are incorporating different ways to stay connected to the outside world so that we can be safe and still resume a new normal way of living. With all the different backgrounds and lifestyles we will be adding Bible studies via zoom. So we will be reaching out to all religions, so that we can meet the needs of our spiritual lives. Tuesday mornings we will be our morning of worship and praise. It is important that we remain healthy physically, mentally and spiritually. So we are eager to to bring Bible studies to The Palms and feed us religiously. You are welcome to request a particular church you would like to follow, and we will do our best to make that happen.

God is Love. 1 John 4:8



Any questions please contact  
Emily Cisneros 661-218-8330

## We Love Our Movie Nights



Lights, camera, action. Our community at The Palms is proud to announce that our movie nights have been a huge success. The summer night was warm, and the sky was clear, sitting under the stars watching "On Golden Pond," grabbing some friends, eating a bowl of popcorn, what more can you ask for? A nice romantic movie was appreciated by our ladies of course, but we never leave our men out of the picture. The next movie showcased was "Hondo". John Wayne is always a favorite of our gentlemen. I do believe our ladies had no complaints watching a handsome John Wayne save the day. Our turn out was such a success we are planning future movie nights. As always you are welcome to put in your requests for our next Movie Under the Stars. A special thanks to our hard working Directors that made these nights happen.



# Welcome New Residents

A big Palms shout out to our new residents! Welcome to our community.

Beverly T.  
Doren G.  
Alexandra R.  
Leland Y.  
Ernest A.



## Sweet Goodbyes



Saying goodbye is never easy, so let's say until we see you again. Our wonderful resident Fran Hughey is off to a new adventure that will keep her close to her family. We will miss you and Lady. May you never forget your time at The Palms. All our love and prayers on your new journey.

## The Palms First Baby Shower

Firsts. The Palms at San Lauren has had so many firsts that we have celebrated. We have had our 1st resident, our 1st Christmas together, and now we are celebrating our 1st baby at The Palms. Our beautiful receptionist Breanna Carrillo is expecting her 1st baby in August. Residents and staff are elated for the arrival of baby Isaiah, to wear the crown of 1st baby at The Palms at San Lauren. We would like to thank our residents that worked hard to throw baby Isaiah a shower in his honor. Residents as well as staff made candy bags and showered Breanna with gifts. One thing is for certain: baby Isaiah will have more grandparents than any other child here in Bakersfield. To Breanna - Congratulations from your family at The Palms.



# Happy Birthday

8/7 Irene D.  
8/19 Patsy H.



## UPCOMING SPECIAL EVENTS AND ACTIVITY GROUPS

8/25 RESIDENT COUNCIL  
MEETING AT 2:30PM IN AL  
ACTIVITY ROOM

8/28 HAPPY HR.  
CELEBRATING AUGUST  
BIRTHDAYS

-EVERY MONDAY SCENIC  
DRIVES AROUND TOWN AT  
11:00AM \*MUST WEAR MASKS

-EVERY TUESDAY BIBLE  
STUDIES AT 10:30AM IN AL  
ACTIVITY ROOM

-EVERY FRIDAY THE PALMS  
HAPPY HOUR AT 3:00PM





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