



5300 Hageman Road • Bakersfield, CA 93308 • (661) 218-8330

## July 2020



### MANAGEMENT TEAM

Douglas G. Rice	Executive Director
Katrina Brewer	Resident Care Coordinator
Ericka Aguirre	Memory Care Coordinator
Alysia Beene	Marketing Director
Theresa Hernandez	Dining Services Director
Ericka Aguirre	Activity Director (MC)
Emmalin Cisneros	Activity Director (AL)
Sonia Ortega	Medical Records
Timoteo Soe	Maintenance Director
License	#157208915

### Office Hours

Mon-Fri 7:30 a.m.-5:00 p.m.  
Sat-Sun 8:30 a.m.- 5:00 p.m.  
After-Hours Assistance: Please call  
(661) 477-2141. A staff member can assist you.



### Message From Administrator

"I would like to thank all the residents and families for their patience during this time. My staff and I are working hard to keep life as normal as possible. I am happy to say we are healthy, active and happy. We look forward to the day we all can join together again. My door is always open, or I am just a phone call away if you have any questions or concerns. Keep cool and have a safe 4th of July." ... Doug

# What's **NEW!** New?

## Scenic Drive

Summer is coming, and it's getting HOT. That won't stop us from getting out and enjoying the sites Bakersfield has to offer. A drive through Hart Park with a cold drink hits the spot every time! If we are lucky, we will spot a few beautiful peacocks while the Mighty Kern River flows. Our Residents are happy to be able to get out and drive by our world famous Crystal Palace and remember the old Bakersfield sound, which many have fond memories of Buck Owens and Dwight Yokum singing "The Streets of Bakersfield". Our drives are full of reminiscing about the good old days, and how life has changed. Our Kern County Museum brings our residents back to a time when they would bring their children and show them a simpler time in history. Scenic drives during this time of social distancing has taught us all to enjoy what we have and be proud of where we live.



## A 'Beautiful' Tribute

Expressing national pride "from sea to shining sea," the stirring anthem "America the Beautiful" turns 125 this month.

The song's lyrics are the words of a poem written by Katharine Lee Bates, who was an English professor at Massachusetts' Wellesley College. In 1893, while on a trip to Colorado, Bates visited Pikes Peak, and was struck by the view of natural beauty from the mountain and, in her words, "the sea-like expanse of fertile country ... under those ample skies."

Inspired, she finished her poem during the trip, but didn't publish it until two years later. The first version appeared in a Massachusetts newspaper, *The Congregationalist*, on July 4, 1895.

For a while, "America the Beautiful" was sung to the melodies of various folk tunes, including "Auld Lang Syne." But it was a hymn titled "Materna," composed in 1882 by Samuel A. Ward, that became the most common music for Bates' lyrics and is still used today. Ward, a church musician from New Jersey, never met the poet, but their combined talents resulted in what has been called "an expression of patriotism at its finest."

## MEET THE PALMS NEW RCC

### Meet the New RCC



### Meet the New RCC

We would like to introduce to The Palms At San Lauren our New RCC Katrina Brewer. We are so excited to be able to have such an energetic and positive individual come aboard. This mother of 3 has been in the medical field for over 10 years. She specialized in the NIC U and has worked in assisted living communities throughout Bakersfield. She is no stranger to hard work and dedication. Her belief is "Working in a Senior Community isn't just a paycheck. You have to love what you do to be good at it". Katrina started in May and has been an asset to our community from the start. We are very lucky to have her to our Palms Team.



# Resident Council



## Resident Council

Your voice matters here at The Palms At San Lauren. Resident Council meets the last Tuesday of every month at 2:30 p.m. Residents are welcome to join in our closed confidential meeting to voice any issues they want to discuss. This meeting is important to not only the residents, but to our staff. It helps us to improve, and makes our relationship with our residents stronger. We will be meeting July 28 at 2:30 p.m. in the AL Activities room.

## Precious Moments

The Palms At San Lauren and Bakersfield lost a wonderful resident, and pillar of the community. On June 1, 2020 Mr. Darrell Francis reunited with the Lord. Our family here at The Palms will miss his witty ways, and his contagious smile. He touched all our lives in one way or another. We would like to give all our love, and prayers to Mr. Francis's wife Roxana Buchner and the whole family. You all are a very special and loving family. It has been a pleasure caring for Mr. Francis, and getting to know all of you. May God continue to bless each and every one of you.

The Palms At San Lauren

## PLEXIGLASS VISITS



The Palms at San Lauren has introduced a new way to connect during this social distancing headache. Our residents and families can visit one another closer than 6 feet away. With life comes rules, we ask that our families make an appointment to visit their loved one. Residents and family members must wear a mask, for everyone's safety. We ask that residents remain in the cube and families visit from the other side. Until we are in the clear the cube is our way of staying connected to our loved ones. This way of life has been challenging for us all. We ask that you continue to visit and call your loved one; it makes a difference in someone's day. Knowing you are thought of and loved is the best gift you can give anyone.

*Love is not what you say. Love is what you do..*

-Tiny Buddha



## Happy Birthday

7/10 Hermine Erwin



## UPCOMING SPECIAL EVENTS AND ACTIVITY GROUPS

7/3 4th of July BBQ Celebration 12pm

7/28 Resident Council 2:30pm

7/31 July Birthday Bash 3pm  
Every Monday Nature Drives 11am \*Must Wear A Mask

Every Friday Happy Hour 3pm





## Batter Up!

Baseball is known as America's pastime, and the game has been the subject of many movies over the years. Here's a lineup of some famous flicks set on the ballfield.

<u>Year</u>	<u>Movie</u>	<u>Stars</u>
1942	"The Pride of the Yankees"	Gary Cooper
1957	"Fear Strikes Out"	Anthony Perkins
1976	"The Bad News Bears"	Walter Matthau, Tatum O'Neal
1984	"The Natural"	Robert Redford
1989	"Field of Dreams"	Kevin Costner
1992	"A League of Their Own"	Geena Davis, Tom Hanks
2011	"Moneyball"	Brad Pitt
2013	"42"	Chadwick Boseman



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